


THE 4<sup>th</sup> SIRIRAJ STROKE CONFERENCE 2019  
CLOSING THE GAP IN STROKE CARE



**Movement Disorders and Stroke:  
Expect the Unexpected!**

Prachaya Srivanitchapoom, MD.  
Division of Neurology  
Department of Medicine  
Siriraj Hospital, Mahidol University

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**Objective**

- Classification of stroke
- Approach to movement disorders
- Epidemiology and characteristics of patients with movement disorders after stroke
- Possible mechanism of movement disorders after stroke
- Example of movement disorders related to stroke
- Prognosis and Treatment

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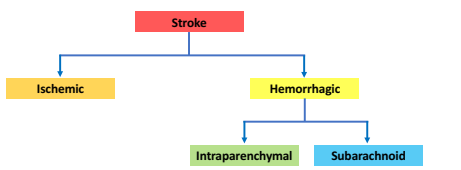
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**Classification of Stroke**



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graph TD; Stroke[Stroke] --> Ischemic[Ischemic]; Stroke --> Hemorrhagic[Hemorrhagic]; Hemorrhagic --> Intraparenchymal[Intraparenchymal]; Hemorrhagic --> Subarachnoid[Subarachnoid];
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Hankey GJ. Lancet 2017;389:641-54.

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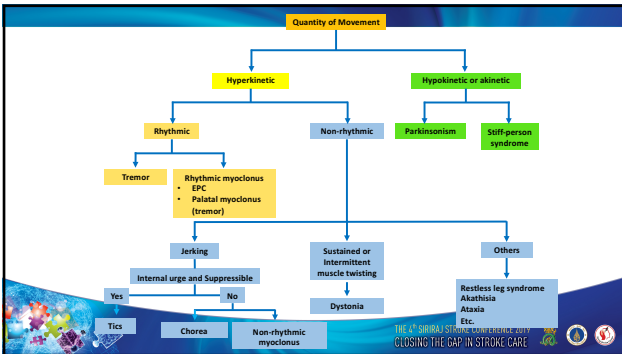
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### Patterns of Movement Disorders

Phenomenology	Quantity	Rhythmicity	Internal urge	Suppressible	Specific pattern
Tremor	Hyperkinetic	Rhythmic	No	No	Sinusoidal or oscillating
Rhythmic myoclonus	Hyperkinetic	Rhythmic	No	No	Brief jerking or shock-like
Non-rhythmic myoclonus	Hyperkinetic	Non-rhythmic	No	No	Brief jerking or shock-like
Chorea	Hyperkinetic	Non-rhythmic	No	No or partial*	Random and continuous flowing or dance-like
Tics	Hyperkinetic	Non-rhythmic	Yes <sup>†</sup>	Yes**	Brief jerking
Dystonia	Hyperkinetic	Non-rhythmic	No	No	Sustained or intermittent muscle contraction and/or postural abnormality
Parkinsonism	Hypokinetic or akinetic	-	No	No	Combination of tremor, bradykinesia, rigidity and postural instability

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### What is/are the Prevalence of Movement Disorders After Stroke?

**Hyperkinetic movement disorders during and after acute stroke: The Lausanne Stroke Registry** 29/2500 ~ 1%

F. Ghika-Schmid, J. Ghika \*, F. Regli, J. Bogousslavsky  
 Department of Neurology, Centre Hospitalier Universitaire Vaudois, CHUV-BH 13, 1011 Lausanne, Switzerland  
 Received 21 March 1996; revised 16 July 1996; accepted 8 August 1996

**PAPER** Ghika-Schmid et al. J Neurol Sci 1997;146:109-16.

**Post-stroke movement disorders: report of 56 patients** 56/1500 ~ 3.7%

F Alarcón, J C M Zijlmans, G Dueñas, N Cevallos  
 Alarcón et al. J Neurol Neurosurg Psychiatry 2004;75:1568-74.

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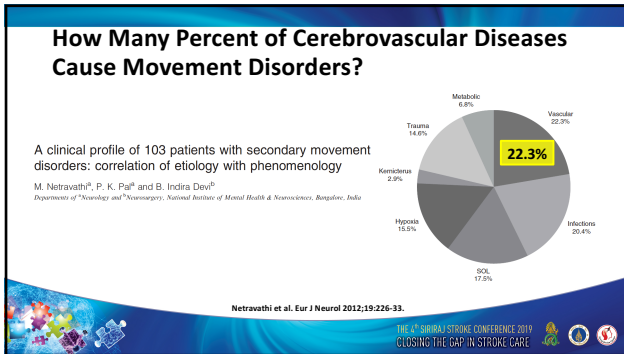
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### Characteristics of Patients with Movement Disorders after Stroke

Post-stroke Movement Disorders: The Clinical, Neuroanatomic, and Demographic Portrait of 284 Published Cases  
 Ritika Suri, MD,<sup>a</sup> Federico Rodriguez-Portel, MD,<sup>b</sup> Kelly Donohue, MD,<sup>c</sup>  
 Erin Jesse, BA,<sup>d</sup> Lilia Lovera, MD,<sup>e</sup> Alok Kumar Dwivedi, PhD,<sup>f</sup> and  
 Alberto J. Espay, MD, MS,<sup>g</sup>

- Systematic review of case reports and case series
- Published between 1986-2016
- Involving 284 patients

Suri et al. J Stroke Cerebrovasc Dis 2018;27:2388-97.

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### Characteristics of Patients with Movement Disorders after Stroke (Cont.)

Table 1. General characteristics of poststroke movement disorders

Movement disorder	Men affected, N (%)	Age, years (range)	Ischemic cases, N (%)	Hemorrhagic cases, N (%)	Most common location, N (%)
All	284 (57.7)	61.8 (18-93)	218 (76.7)	66 (23.2)	Posterosubthalamic: 64 (22.4)
Dystonia	66 (23.2)	39 (40.9)	61.7 (37-78)	19 (28.7)	Posterosubthalamic: 22 (66.6)
Chorea	46 (16.1)	25 (24.3)	61.75 (42-85)	19 (41.3)	Caudate: 6 (50)
Myoclonus	43 (15.1)	25 (28.1)	66.6 (47-83)	20 (46.5)	Frontal lobe: 9 (75)
Parkinsonism	42 (14.7)	20 (21.9)	60.7 (38-80)	23 (54.5)	Pituitary: 10 (64.2)
Tremor	39 (13.7)	34 (31.5)	53.3 (18-78)	16 (41)	Midbrain: 6 (54.5)
Rhythmic-legs syndrome	20 (7.04)	7 (8.5)	65.2 (46-83)	7 (35)	Pons: 2 (28.5); putamen: 1 (14.2)
Alice hand syndrome	9 (3.1)	4 (44.4)	62.9 (25-83)	4 (44.4)	Partial lobe: 2 (40)
Periodic limb movements	9 (3.1)	4 (44.4)	60.5 (55-75)	4 (44.4)	Pons: 3 (50)
Stereotypy	8 (2.8)	6 (75)	63.6 (40-93)	6 (75)	Pituitary: 3 (37.5)
Alcatraz	11 (3.9)	1 (100)	60 (NA)	1 (100)	Posterior thalamus: 1 (100)
Tics	11 (3.9)	1 (100)	71 (NA)	1 (100)	Caudate: 1 (100)

- Male = 58%
- Age at onset ~62 years
- Ischemia vs. Hemorrhage = 77:23
- Dystonia is the most common IMD after stroke

Suri et al. J Stroke Cerebrovasc Dis 2018;27:2388-97.

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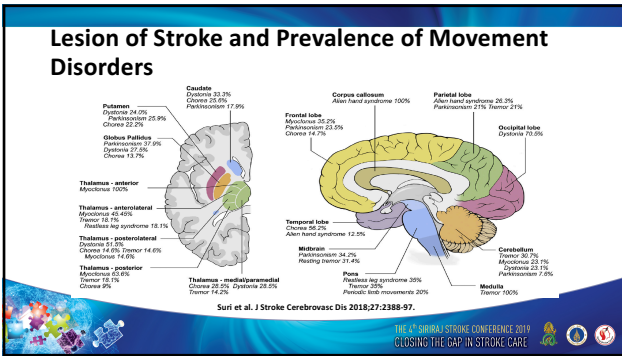
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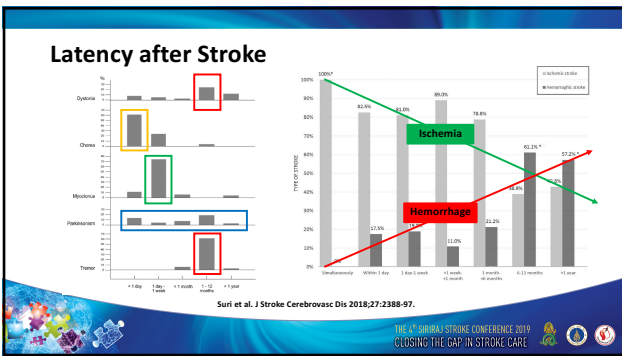
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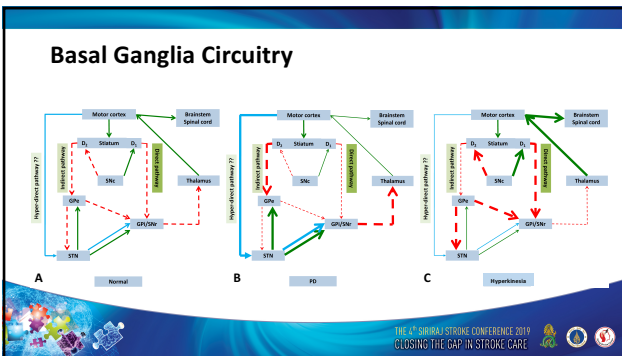
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### Cerebellar Circuitry

The diagram illustrates the cerebellar circuitry. A green box labeled 'Cerebello-Thalamo-Cortical Loop' has a green arrow pointing to a loop of connections between the cerebellum, thalamus, and cortex. A red box labeled 'Guillain-Mollaret Triangle' has a red arrow pointing to a triangular circuit involving the dentate nucleus, red nucleus, and subthalamic nucleus.

Choi SM. J Mov Disord 2016;19:80-8.

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### Possible Mechanism of MD after Stroke

- One phenomenology can occur from various structural lesions
- One structural lesion can produce various phenomenology
- Only 1-4% of patients with stroke developed abnormal movements

Therefore...

- Movement disorders occurring after stroke **may not be related to structural destruction**
- **Network or circuitry disruption** may be a possible mechanism of MD after stroke
- Ability to create **neural plasticity** in each patient may **lead or prevent** each individual from developing MD after stroke

Mehanna and Jankovic. Lancet Neurol 2013;12:597-608.

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### Reported Types of MD after Stroke

Panel: Movement disorders reported after cerebrovascular events

- Parkinsonism
- Vascular parkinsonism
- Progressive supranuclear palsy
- Isolated freezing of gait
- Corticobasal syndrome
- Chorea-ballism-athetosis
- Dystonia
- Tremor
- Myoclonus
- Asterixis
- Transient limb shaking
- Stereotypies
- Akathisia
- Tics

Mehanna and Jankovic. Lancet Neurol 2013;12:597-608.

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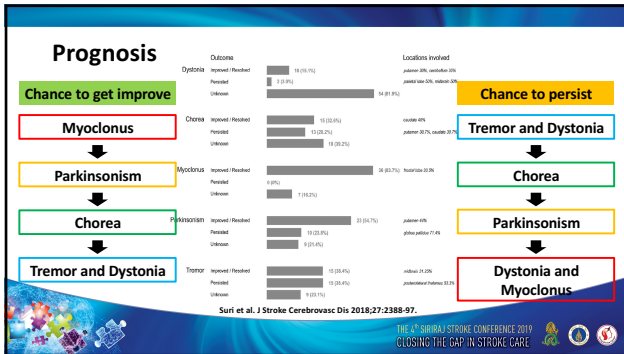
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### Treatment (Based on Case Reports and Series)

Movement disorders	Treatment
<b>Vascular Parkinsonism</b> - Strategic infarction (hemiparkinsonism) - Periventricular WM infarction (lower body PD)	<ul style="list-style-type: none"> <li>Rehabilitation</li> <li>Control CV risks</li> <li>L-dopa (show some benefit ~ 30-50%)</li> </ul>
<b>Chorea and ballism</b>	<ul style="list-style-type: none"> <li>Typical and atypical Neuroleptics</li> <li>Tetrabenazine</li> <li>Clonazepam</li> <li>Na valproate, topiramate</li> <li>Vop or Vim-DBS</li> </ul>
<b>Dystonia</b>	<ul style="list-style-type: none"> <li>BoNT injection</li> <li>Anticholinergics</li> <li>Baclofen</li> <li>Benzodiazepine</li> <li>GPI-DBS</li> </ul>
<b>Tremor</b> - Cerebellar outflow tremor - Holmes tremor	<ul style="list-style-type: none"> <li>Propranolol</li> <li>Primidone</li> <li>Lisuride</li> <li>L-dopa</li> <li>Na valproate</li> <li>Vim-DBS</li> </ul>

Mehanna and Jankovic, Lancet Neurol 2013;12:597-608.

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### Treatment (Based on Case Reports and Series)

Movement disorders	Treatment
<b>Myoclonus</b>	<ul style="list-style-type: none"> <li>Clonazepam</li> <li>Na valproate, topiramate, levetiracetam</li> <li>Tetrabenazine</li> <li>BoNT injection</li> </ul>
<b>Asteriis</b>	<ul style="list-style-type: none"> <li>Usually improve after a few days</li> </ul>
<b>Transient limb shaking</b>	<ul style="list-style-type: none"> <li>Carotid endarterectomy</li> </ul>
<b>Tics</b>	<ul style="list-style-type: none"> <li>Typical or atypical antipsychotics</li> <li>Clonidine</li> </ul>
<b>Akathisia</b>	<ul style="list-style-type: none"> <li>Clonazepam</li> </ul>
<b>Stereotypies</b>	<ul style="list-style-type: none"> <li>Clonazepam</li> <li>Tetrabenazine</li> </ul>

Mehanna and Jankovic, Lancet Neurol 2013;12:597-608.

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