

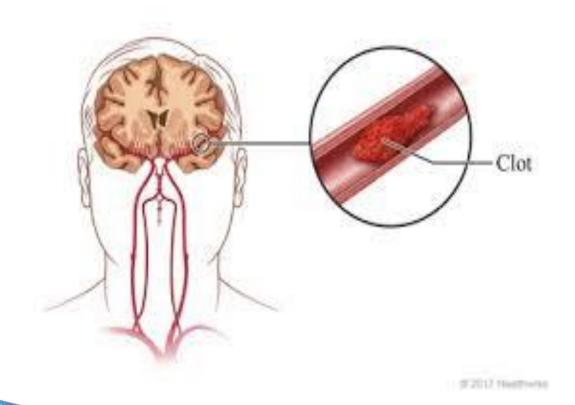


## THE 4<sup>th</sup> SIRIRAJ STROKE CONFERENCE 2019 CLOSING THE GAP IN STROKE CARE

# Safer and Better: Caring for Stroke Patients Undergoing Endovascular Treatment

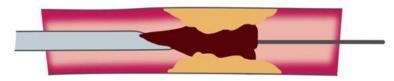
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## **Endovascular Thrombectomy**



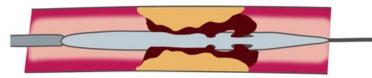
#### **Thrombectomy**

**Catheter aspiration thrombectomy** 



Blood clot is removed using suction

#### Mechanical thrombectomy



Blood clot is broken up into small pieces and removed



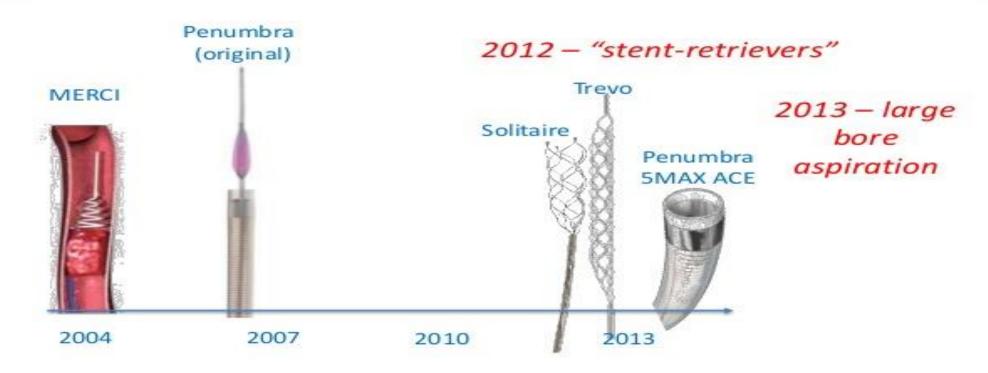








#### **Thrombectomy Devices**



Allina Health %





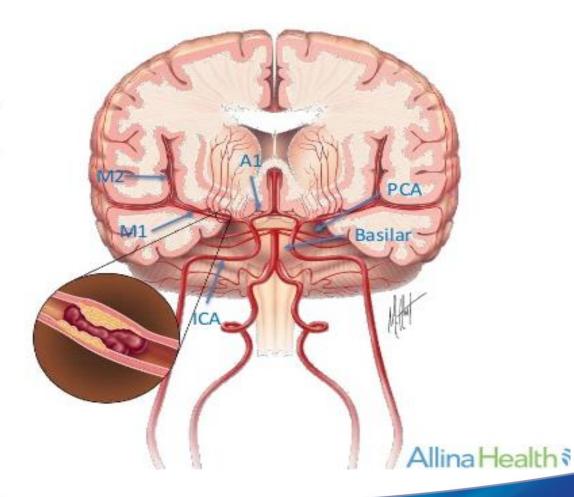






### Large Vessels of the Brain

- Main Vessels Treated with Thrombectomy
  - MCA M1 & M2
  - ACA (A1)
  - ICA
  - Basilar
  - PCA











### **Endovascular Treatment: Stroke**

- In combination with IV alteplase treatment of acute onset stroke
- Utilize endovascular therapy for patients with criteria excluded from systemic rt-PA
  - Stroke onset beyond 4.5 hrs.
  - Post-operative patients
  - On warfarin with elevated INR
  - On direct thrombin inhibitors or Factor X inhibitors
- In select population can extend the treatment window beyond 6 hrs. (DAWN 6-24 hrs., DEFUSE-3 6-16 hrs.)

(Clements, 2018)











Level I Class A	Level IIB Class B-R, C-EO	Thrombectomy Eligibility	New Level I Class A Level IIa B-R DAWN	DEFUSE-3
≥ 18 years		Age	≥ 18 years	18-90 years
Groin puncture w/In 6 hrs. LSW		Time window	6-24 hrs. since LKW	6-16 hrs. since LKW
NIHSS ≥ 6	NIHSS < 6	Stroke severity	NIHSS ≥ 10	NIHSS ≥ 6
MCA M1 ICA	M2 M3 ACA, Vertebral, Basilar, PCA	Occlusion location	MCA M1 or Intracranial Internal Carotid Artery Occlusion	
Pre-mRS 0-1	Pre-mRS > 1	Baseline functional status	Pre-mRS 0-1	Pre-mRS 0-2
ASPECTS ≥ 6	ASPECTS < 6		Infarct core < 51 ml	Infarct core < 70 ml
		Infarct burden	Clinical core mismatch	Target mismatch on perfusion imaging







## **Pre-Procedure Nursing**

Non-Interventional Hospital	Interventional Hospital	
IV rt-PA if indicated	IV rt-PA if indicated	
BP Management	BP Management	
Frequent Neuro Assessment	Frequent Neuro Assessment	
IV maintained	IV maintained	
Dysphagia screening	Dysphagia screening	
Communication	Eliminate unnecessary steps	
Quick turn around to interventional center (goal < 60 min)	Communication	







## **Neuro-interventional Nursing**

#### In Suite:

- Neuro exam
- Neurovascular assessment prior to groin puncture:
- right and left dorsalis pedis, posterior tibial
  - Blood pressure pre-procedure < 185/110 mmHg prior

#### **During Procedure:**

- Neuro assessment
- Point of care testing (POCT): DTX, ABG
- Document key times
- Emergency roles



(Clements, 2018)









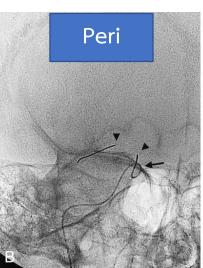


### **Neuro-interventional Nursing**

#### Post-procedure:

- Immediate post-procedure neuro exam
- NIHSS
- Groin site assessment
- Blood pressure maintain < 180/105 mmHg during & for 24 hrs.









(Clements, 2018)







## **Endovascular Nursing Care**

#### Interventional Neuroradiology (INR)

- Specially trained, NIHSS certification, ability perform detailed neuro exam
- Conscious sedation with anesthesia or RN
- Detailed documentation: time of groin puncture, clot retrieval, reperfusion score
- Post-procedural neuro assessment, groin site and vital signs
- Anticipation of neurologic emergencies
- NIHSS / neurovascular assessment just prior to intervention and immediate post-procedure
- Sheath removal, manual compression 20-30 minutes or vascular closure device
- Consideration: rt-PA given (Clements, 2018)











## Nursing Management in Endovascular Thrombectomy

**Assessment & Information** 

Preparation: Patient, Stroke Care Team, Device, Equipment

Procedural care: Prevention of Pre, Peri, & Post-procedural Complications

Logistic : Cost & Effectiveness

**E**valuation & Continuity of care

















Health





Accreditation : CSC, TSC

Safer & Better: **EVT** 

Stroke Care Team

#### **Health Service Systems**

- 1. Identify the right patient
- 2. Refer the patient to **EVT**
- 3. Transfer the patient for treatment
- 4. Manage the patient after EVT





CQI

**EVT Protocol** 













## Thank You









