

Mahidol University Faculty of Medicine Siriraj Hospital

# ACUTE STROKE MANAGEMENT

## Chitapa Kaveeta, MD.

Division of Neurology, Faculty of Medicine, Siriraj Hospital, Mahidol University

# Acute ischemic stroke



- □ Stroke is a major cause of death and disablity
- Even if an individual survives a stroke, can lead to permanent impairment
- Early and proper stroke treatment associated with better outcome

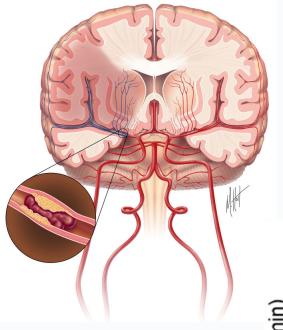


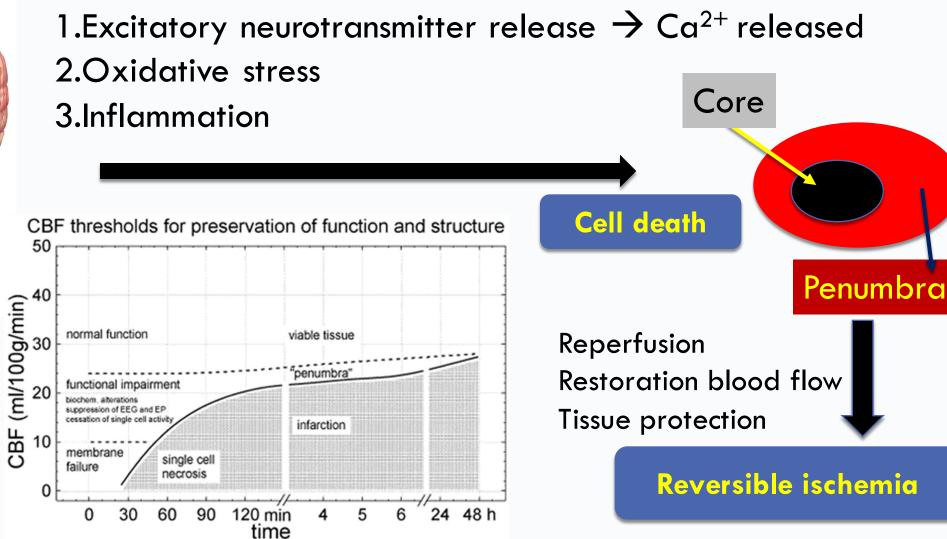




# Acute ischemic stroke







# Acute ischemic stroke





Lives can improve with better awareness access action

# **Time** is importance

# Time loss is brain loss



### **AHA/ASA Guideline**

### Guidelines for the Early Management of Patients With Acute Ischemic Stroke

A Guideline for Healthcare Professionals From the American Heart Association/American Stroke Association

The American Academy of Neurology affirms the value of this guideline as an educational tool for neurologists.

Endorsed by the American Association of Neurological Surgeons and Congress of Neurological Surgeons

# AHA/ASA guideline 2015

### **AHA/ASA Scientific Statement**

Scientific Rationale for the Inclusion and Exclusion Criteria for Intravenous Alteplase in Acute Ischemic Stroke A Statement for Healthcare Professionals From the American Heart Association/American Stroke Association

> The American Academy of Neurology affirms the value of this statement as an educational tool for neurologists.

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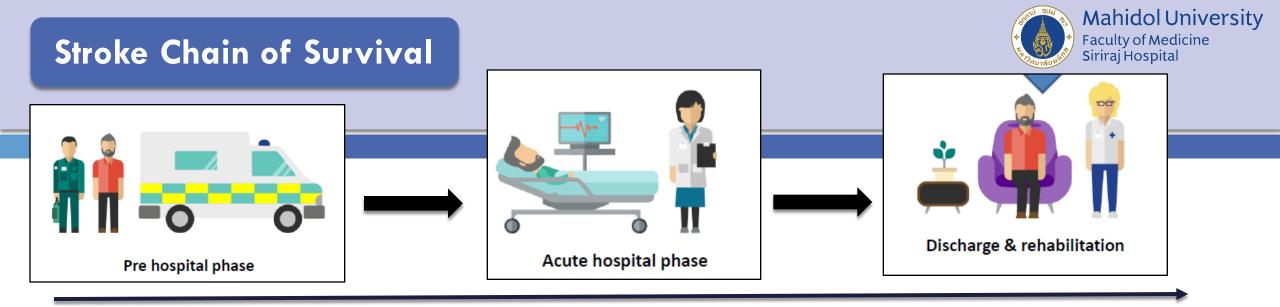
## AHA/ASA guideline 2013

### **AHA/ASA Guideline**

2015 American Heart Association/American Stroke Association Focused Update of the 2013 Guidelines for the Early Management of Patients With Acute Ischemic Stroke Regarding Endovascular Treatment A Guideline for Healthcare Professionals From the American Heart Association/American Stroke Association

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## AHA/ASA guideline 2016



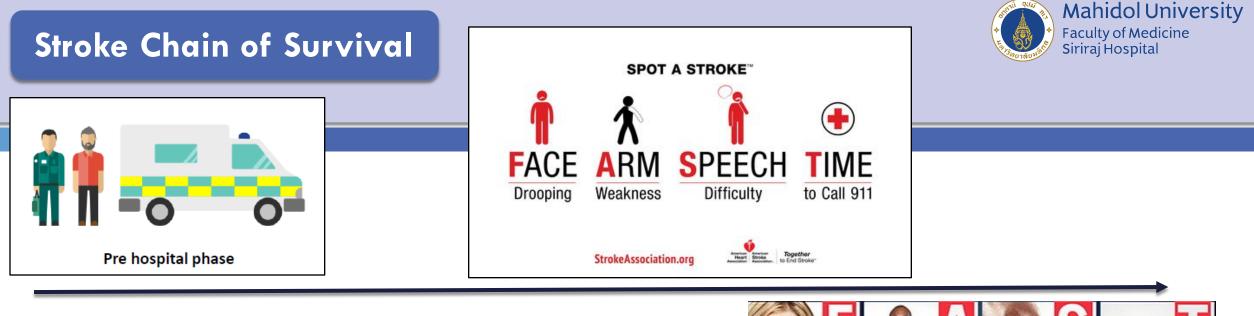
- 1. Detection
- 2. Dispatch
- 3. Delivery

### AHA stroke system

- 4. Door
- 5. Data
- 6. Dicision
- 7. Drug
- 8. Disposition







1. Detection

2. Dispatch

Recognizing the signs and symptoms of an acute stroke



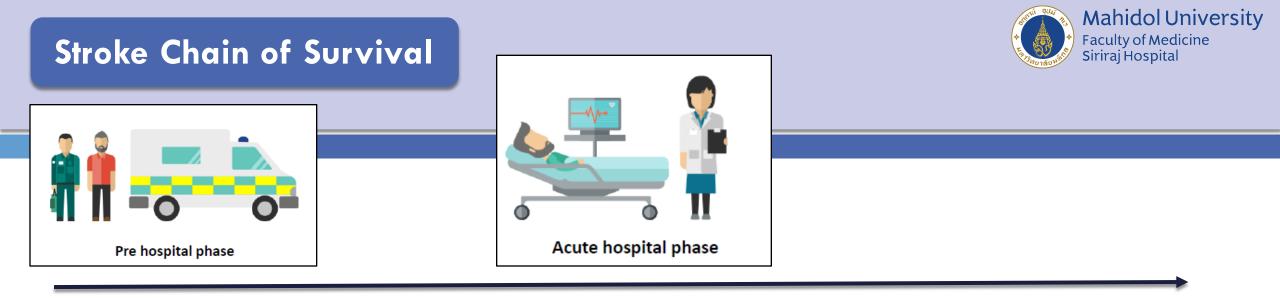
Activating emergency medical services  $\rightarrow$  Call 1669

# 3. Delivery

Pre-arrival informations: Patient's age

- Last seen normal
- Medical history and baseline mental status

Stroke. 2013;44:870-947.



- 1. Detection
- 2. Dispatch
- 3. Delivery

- 4. Door
- 5. Data
- 6. Dicision
- 7. Drug
- 8. Disposition

- ER physician and stroke team
  - Prompt assessment and diagnosis
  - Physical and neurological examination
    - Vital signs
    - NIHSS

Rule out stroke mimics

Hypoglycemia Seizure Syncope Migraine Brain tumor Toxin CNS infection

### Protocal

- Laboratory test: POCT, CBC, coagulogram, blood chemisty
- EKG 12 lead
- CT brain non contrast

## The National Institutes of Health Stroke Scale



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Table	Table 7. National Institutes of Health Stroke Scale		4	Facial movement	0-Normal	8	Sensory		0-No sensory loss	
Tested Item	Title	Responses and Scores	_	1—Minor facial 2—Partial facial					1—Mild sensory loss 2—Severe sensory loss	
IA	Level of consciousness	0—Alert 1—Drowsy 2—Obtunded 3—Coma/unresponsive	5	Motor function (arm) a. Left b. Right	3—Complete unilateral palsy 0—No drift 1—Drift before 5 seconds 2—Falls before 10 seconds	9	Language		0—Normal 1—Mild aphasia 2—Severe aphasia	
1B	Orientation questions (2)	0—Answers both correctly 1—Answers 1 correctly 2—Answers neither correctly		b. night	3—No effort against gravity 4—No movement	10	Articulation		3—Mute or global aphasia 0—Normal 1—Mild dysarthria	
10	Response to commands (2)	0—Performs both tasks correctly 1—Performs 1 task correctly 2—Performs neither	6	Motor function (leg) a. Left b. Right	0—No drift 1—Drift before 5 seconds 2—Falls before 5 seconds	11	Extinction or i	inattention	2—Severe dysarthria 0—Absent	
2	Gaze	0—Normal horizontal movements 1—Partial gaze palsy 2—Complete gaze palsy		b. night	3—No effort against gravity 4—No movement		Exanction of t	nation	1—Mild (loss 1 sensory modali 2—Severe (loss 2 modalities lo	
3	Visual fields	0—No visual field defect 1—Partial hemianopia	7 Limb ataxia							
		2—Complete hemianopia 3—Bilateral hemianopia			2—Ataxia in 2 limbs		Score	Severity		
4										



NIHSS

Tips: do not coach patient  $\rightarrow 1^{st}$  thing the patient done Do not think what patient can or can't do → just <u>scale by objective test</u>

Stroke. 2013;44:870-947.

0-4

5-15

16-20

21-42

Minor stroke

Severe stroke

Moderate stroke

Moderate to severe stroke



Instructions	Scale Definition	Score
<b>1a.</b> Level of Consciousness: The investigator must choose a response if a full evaluation is prevented by such obstacles as an endotracheal tube, language barrier, orotracheal trauma/bandages. A 3 is scored only if the patient makes no movement (other than reflexive posturing) in response to noxious stimulation.	<ul> <li>0 = Alert; keenly responsive.</li> <li>1 = Not alert; but arousable by minor stimulation to obey, answer, or respond.</li> <li>2 = Not alert; requires repeated stimulation to attend, or is obtunded and requires strong or painful stimulation to make movements (not stereotyped).</li> <li>3 = Responds only with reflex motor or autonomic effects or totally unresponsive, flaccid, and areflexic.</li> </ul>	
<b>1b. LOC Questions:</b> The patient is asked the month and his/her age. The answer must be correct - there is no partial credit for being close. Aphasic and stuporous patients who do not comprehend the questions will score 2. Patients unable to speak because of endotracheal intubation, orotracheal trauma, severe dysarthria from any cause, language barrier, or any other problem not secondary to aphasia are given a 1. It is important that only the initial answer be graded and that the examiner not "help" the patient with verbal or non-verbal cues.	<ul> <li>0 = Answers both questions correctly.</li> <li>1 = Answers one question correctly.</li> <li>2 = Answers neither question correctly.</li> </ul>	
<b>1c.</b> LOC Commands: The patient is asked to open and close the eyes and then to grip and release the non-paretic hand. Substitute another one step command if the hands cannot be used. Credit is given if an unequivocal attempt is made but not completed due to weakness. If the patient does not respond to command, the task should be demonstrated to him or her (pantomime), and the result scored (i.e., follows none, one or two commands). Patients with trauma, amputation, or other physical impediments should be given suitable one-step commands. Only the first attempt is scored.	<ul> <li>0 = Performs both tasks correctly.</li> <li>1 = Performs one task correctly.</li> <li>2 = Performs neither task correctly.</li> </ul>	

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Tested	Title	Response and score	วิธีการตรวจ
ltem			
IA	Consciousness	0 = Alert	0 = ตอบสนองปกดิ
		1 = Sleepiness	1 = กระตุ้นได้ง่าย
			ทำตามค่ำสั่งและตอบได้
		2 = Stupor	2 = ต้องกระตุ้นหลายครั้ง หรือ ด้วย
			painful stimuli
		3 = Coma	3 = กระตุ้นได้แค่ reflex motor,
			autonomic หรือไม่สามารถกระตุ้นได้
			flaccid areflexia
IB	Question	0 = Answers both question	ถาม 2 คำถาม: เดือนอะไร อายุเท่าไร
		1 = Answers one question	1 = หรือใส่ ETT, mouth barrier, severe
		2 = Answers neither question	dysarthria
			2 = หรือหากมี aphasia หรือซึม
IC	Commands	0 = Performs both task	ให้ หลับตาลืมตา กำมือแบมือ
		1 = Performs one task	ในข้างที่ไม่อ่อนแรง หากทำไม่ได้ให้ทำ
		2 = Performs neither task	ท่าตัวอย่างให้ทำตาม

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1<sup>st</sup> answer Do not count if repeat answer

Tips: ให้ทำท่าไปด้วยพร้อม บอกคนไข้ ให้รับ sensory input จากท่าทางด้วย

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<ul> <li><b>2. Best Gaze:</b> Only horizontal eye movements will be tested.</li> <li>Voluntary or reflexive (oculocephalic) eye movements will be scored,</li> </ul>					
but caloric testing is not done. If the patient has a conjugate 1 = Partial gaze palsy; gaze is abnormal in one or both eyes,					
deviation of the eyes that can be overcome by voluntary or reflexive	but forced deviation or total gaze paresis is no				
activity, the score will be 1. If a patient has an isolated peripheral	but lorood do hallon of total gaze paroolo lo h				
nerve paresis (CN III, IV or VI), score a 1. Gaze is testable in all	2 = Forced deviation, or total gaze paresis not ove	rcome by the			
aphasic patients. Patients with ocular trauma, bandages, pre-existing	oculocephalic maneuver.				
blindness, or other disorder of visual acuity or fields should be tested with reflexive movements, and a choice made by the investigator.		Tip: patient			
Establishing eye contact and then moving about the patient from side		incooperate: use	VOR		
to side will occasionally clarify the presence of a partial gaze palsy.	or obser				
		movement tracking	ng		
		examiner face			

2	Gaze	0 = Normal 1 = Partial gaze palsy	ทดสอบ horizontal eye movements 1 = การกลอกตาผิดปกติ แต่สามารถทำ
			VOR ได้ หรือ isolate CN palsy
		2 = Forced deviation	2 = กลอกตาผิดปกติ VOR ทำไม่ได้

# NIHSS The National Institutes of Health Stroke Scale

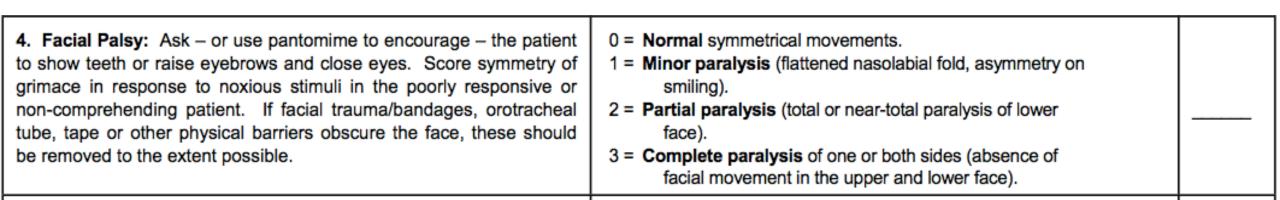
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3	Visual		ทดสอบโดย confrontation test
		0 = No visual loss	1 = <u>quadrantanopia</u> หรือ impair
		1 = Partial hemianopia	double visual stimuli
		2 = Complete hemianopia	3 = blind เช่น cortical blindness
		3 = Bilateral hemianopia	

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4	Facial palsy	0 = Normal 1 = Minor paralysis 2 = Partial paralysis	ทดสอบให้ ยิงฟัน ยักคิ้ว 1 = <u>Nasolabial</u> fold ลดลง หรือยิ้มแล้ว asymmetry
	ทำ 3 ท่า p-operative ious stimuli	3 = Complete paralysis	2 = paralysis of lower face 3 = paralysis upper and lower face *ถ้าซึมให้กระตุ้นด้วย pain

# NIHSS The National Institutes of Health Stroke Scale



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**5. Motor Arm:** The limb is placed in the appropriate position: extend the arms (palms down) 90 degrees (if sitting) or 45 degrees (if supine). Drift is scored if the arm falls before 10 seconds. The aphasic patient is encouraged using urgency in the voice and pantomime, but not noxious stimulation. Each limb is tested in turn, beginning with the non-paretic arm. Only in the case of amputation or joint fusion at the shoulder, the examiner should record the score as untestable (UN), and clearly write the explanation for this choice.

**Tip:** Start test with non paralytic arm Use pantomine ให้ทำท่า จับแขนคนไข้ตั้งได้ นับ 1-10 ให้คนไข้ฟัง

- 0 = No drift; limb holds 90 (or 45) degrees for full 10 seconds.
- 1 = Drift; limb holds 90 (or 45) degrees, but drifts down before full 10 seconds; does not hit bed or other support.
- 2 = Some effort against gravity; limb cannot get to or maintain (if cued) 90 (or 45) degrees, drifts down to bed, but has some effort against gravity.
- 3 = No effort against gravity; limb falls.
- 4 = No movement.
- UN = Amputation or joint fusion, explain:
- 5a. Left Arm
- 5b. Right Arm



5Motor arm 5a) Left arm 5b) Right arm0 = No drift1 = Drift 2 = Some effort against gravity 3 = No effort against gravity 4 = No movement UN = amputation, joint fusion	คว่ำมือ ยืดแขนยกขึ้น 90° (นั่ง) หรือ 45° (นอน) นับ 10 sec. 1 = hold position but แต่ ก่อน 10 sec. 2 = maintain position ไม่ได้ แต่ต้าน gravity ได้บางส่วน 3 = แขนตกยกไม่ได้ 4 = ไม่ขยับ ** ถ้าผู้ป่วย aphasia ให้ทำท่าตาม ไม่กระตุ้นด้วย pain
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**Tip:** Scale3: shoulder movement : OK \*\* Pt. coma (1A=3  $\rightarrow$  score 4)

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## The National Institutes of Health Stroke Scale

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6. Motor Leg: The limb is placed in the appropriate position: hold the leg at 30 degrees (always tested supine). Drift is scored if the leg falls before 5 seconds. The aphasic patient is encouraged using urgency in the voice and pantomime, but not noxious stimulation. Each limb is tested in turn, beginning with the non-paretic leg. Only in the case of amputation or joint fusion at the hip, the examiner should record the score as untestable (UN), and clearly write the explanation for this choice.				drift; leg holds 30-degree position for full 5 seconds.         t; leg falls by the end of the 5-second period but does         to thit bed.         ne effort against gravity; leg falls to bed by 5         sconds, but has some effort against gravity.         effort against gravity; leg falls to bed immediately.         movement.         nputation or joint fusion, explain:         -eg         t Leg			
6	Motor leg 6a) Left leg 6b) Right leg	0 = No drift 1 = Drift 2 = Some effort against gravity 3 = No effort against gravit 4 = No movement UN = amputation, joint fus		ตรวจในท่านอน ยกขา 30° นับ 5 sec. 1 = hold position ได้ drift ก่อน 5 sec. 2 = maintain position ไม่ได้ แต่ต้าน gravity ได้บางส่วน 3 = ขาตกยกไม่ได้ 4 = ไม่ขยับ ** ถ้าผู้ป่วย aphasia ให้ทำท่าตาม ไม่กระตุ้นด้วย pain			

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7. Limb Ataxia: This item is aimed at finding evidence of a unilateral cerebellar lesion. Test with eyes open. In case of visual defect, ensure testing is done in intact visual field. The finger-nose-finger and heel-shin tests are performed on both sides, and ataxia is scored only if present out of proportion to weakness. Ataxia is absent in the patient who cannot understand or is paralyzed. Only in the case of amputation or joint fusion, the examiner should record the score as untestable (UN), and clearly write the explanation for this choice. In case of blindness, test by having the patient touch nose from extended arm position.				<ul> <li>0 = Absent.</li> <li>1 = Present in one limb.</li> <li>2 = Present in two limbs.</li> <li>UN = Amputation or joint fusion, explain:</li> </ul>		
-	7	Limb ataxia	mb ataxia 0 = Absent 1 = Present in one limb 2 = Present in two limb UN = amputation, joint		FTNTF and heel to shin test (เพื่อจะหา unilateral cerebellar sign) * ถ้าผู้ป่วย aphasia หรือ paralysis ให้ score = 0	

**Tip:** score2 (2limb = leg+arm or 2 legs or 2 arms) \*\* ataxia out of proportion to weakness, patient  $1A=3 \rightarrow$  score 0 ataxia

# NIHSS The National Institutes of Health Stroke Scale



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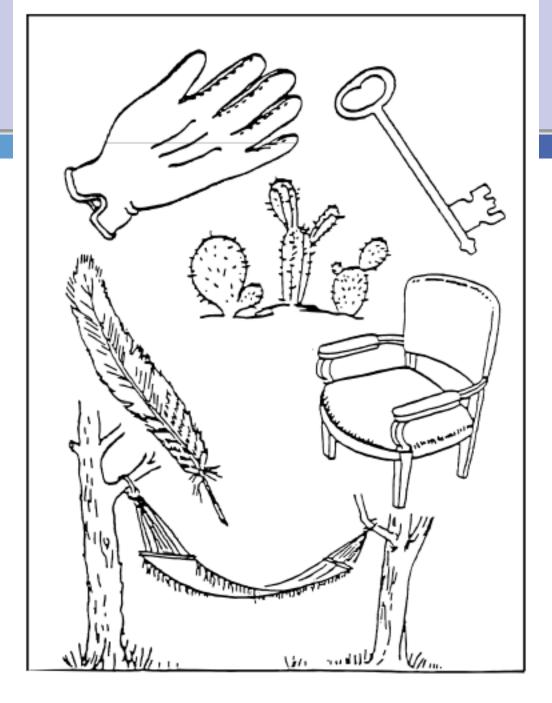
8. Sensory: Sensation or grimace to pinprick when tested, or withdrawal from noxious stimulus in the obtunded or aphasic patient. Only sensory loss attributed to stroke is scored as abnormal and the examiner should test as many body areas (arms [not hands], legs, trunk, face) as needed to accurately check for hemisensory loss. A score of 2, "severe or total sensory loss," should only be given when a severe or total loss of sensation can be clearly demonstrated. Stuporous and aphasic patients will, therefore, probably score 1 or 0. The patient with brainstem stroke who has bilateral loss of sensation is scored 2. If the patient does not respond and is quadriplegic, score 2. Patients in a coma (item 1a=3) are automatically given a 2 on this item.

- 0 = Normal; no sensory loss.
- 1 = Mild-to-moderate sensory loss; patient feels pinprick is less sharp or is dull on the affected side; or there is a loss of superficial pain with pinprick, but patient is aware of being touched.
- 2 = Severe to total sensory loss; patient is not aware of being touched in the face, arm, and leg.

8 Senso	1 = Mild to modera loss 2 = Severe to total	te sensory 1 = ເ ແต่รู้ sensory 2 = ເ	ตรวจ sensation: face, arm, leg 1 = ผู้ป่วยรู้สึกลดลง หรือหนา แต่รู้ว่าสัมผัสหรือ stupor หรือ aphasia 2 = ผู้ป่วยไม่รู้ว่าถูกสัมผัส หรือ
<b>Tip:</b> sensation test	loss pinprick: 3 level (face, arm, leg)	brair	nstem stroke ชา 2 ข้าง/ driplegia หรือ coma
	xious stimuli test (nail bed)	4	

<b>9. Best Language:</b> A great deal of information about comprehension will be obtained during the preceding sections of the examination. For this scale item, the patient is asked to describe what is happening in the attached picture, to name the items on the attached naming sheet and to read from the attached list of sentences. Comprehension is judged from responses here, as well as to all of the commands in the preceding general neurological exam. If visual loss interferes with the tests, ask the patient to identify objects placed in the hand, repeat, and produce speech. The intubated patient should be asked to write. The patient in a coma (item 1a=3) will automatically score 3 on this item. The examiner must choose a score for the patient with stupor or limited cooperation, but a score of 3 should be used only if the patient is mute and follows no one-step commands.			ation. ening ming nces. all of isual aced atient will se a re of	<ul> <li>0 = No aphasia; normal.</li> <li>1 = Mild-to-moderate aphasia; some obvious loss of fluency or facility of comprehension, without significant limitation on ideas expressed or form of expression. Reduction of speech and/or comprehension, however, makes conversation about provided materials difficult or impossible. For example, in conversation about provided materials, examiner can identify picture or naming card content from patient's response.</li> <li>2 = Severe aphasia; all communication is through fragmentary expression; great need for inference, questioning, and guessing by the listener. Range of information that can be exchanged is limited; listener carries burden of communication. Examiner cannot identify materials provided from patient response.</li> <li>3 = Mute, global aphasia; no usable speech or auditory comprehension.</li> </ul>	
9	Best language	0 = No aphasia 1 = Mild to moderate aphasia 2 = Severe aphasia 3 = Mute, global aphasia	วิธีตร์วจให้บรรยายรูป บอกชื่อสิ่งของ หรือประเมินจากคำสั่งต่างๆ ก่อนหน้านี้ ถ้าคนไข้มองไม่เห็นให้กำของในมือ 1 = มีความผิดปกติเล็กน้อยใน fluency หรือ comprehension 2 = มีปัญหาในการสื่อสาร และ ผู้ฟังต้องใช้ความพยายามคาดเดา 3 = ไม่พูด ไม่ทำตามสั่ง หรือ coma *ถ้าใส่ ETT ให้เขียน		-







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## Naming object



Read You know how. Down to earth. I got home from work. Near the table in the dining room.

They heard him speak on the radio last night.



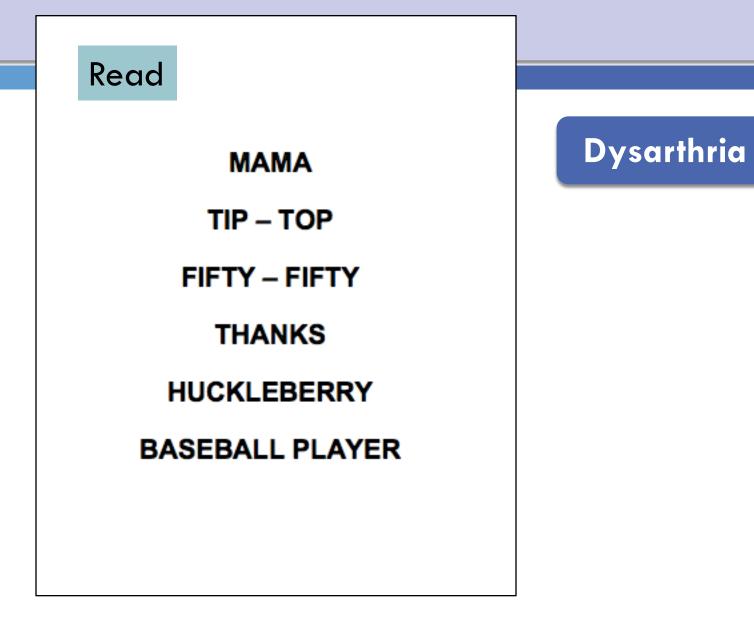
10. Dysarthria: If patient is thought to be normal, an adequate sample of speech must be obtained by asking patient to read or	0 = Normal. 1 = Mild-to-moderate dysarthria; patient slurs at least some
repeat words from the attached list. If the patient has severe	words and, at worst, can be understood with some
aphasia, the clarity of articulation of spontaneous speech can be	difficulty.
rated. Only if the patient is intubated or has other physical barriers to	2 = Severe dysarthria; patient's speech is so slurred as to be
producing speech, the examiner should record the score as	unintelligible in the absence of or out of proportion to
untestable (UN), and clearly write an explanation for this choice. Do	any dysphasia, or is mute/anarthric.
not tell the patient why he or she is being tested.	UN = Intubated or other physical barrier,

NIHSS

OV	n	21	n.
ex	μ	a	

10	Dysarthria	0 = Normal 1 = Mild to moderate dysarthria 2 = Severe dysarthria UN = Intubation, physical	ให้อ่านคำ 1 = พูดฟังยากแต่เข้าใจ 2 = พูดฟังไม่เข้าใจหรือพูดไม่ได้ (mute/ <u>anarthria</u> ) Tip: patient 1A=3 → score 2 dysarthria
		barrier	







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Extinction and Inattention (formerly Neglect): 11. Sufficient information to identify neglect may be obtained during the prior testing. If the patient has a severe visual loss preventing visual double simultaneous stimulation, and the cutaneous stimuli are normal, the score is normal. If the patient has aphasia but does appear to attend to both sides, the score is normal. The presence of visual spatial neglect or anosagnosia may also be taken as evidence of abnormality. Since the abnormality is scored only if present, the item is never untestable.

#### 0 = No abnormality.

- 1 = Visual, tactile, auditory, spatial, or personal inattention or extinction to bilateral simultaneous stimulation in one of the sensory modalities.
- 2 = Profound hemi-inattention or extinction to more than one modality; does not recognize own hand or orients to only one side of space.

11	Inattention (Neglect)	0 = No abnormality 1 = Mild inattention 2 = Severe inattention	ตรวจด้วยการทำ bilateral stimuli ด้วย sensory modalities: visual, tactile, auditory, spatial (วาดรูปหรือ line cancellation), personal inattention 1 = มีผิดปกติเพียง 1 modality
Tip: stimuli touch 3 location (face, arm, leg) Visual or auditory			1 – มิผติบกิตเพียง 1 modality 2 = ผิดปกติ > 1 modality หรือไม่สนใจ ส่วนหนึ่งของร่างกาย



# NIHSS



### NIHSS Score and Arteriographic Findings in Acute Ischemic Stroke

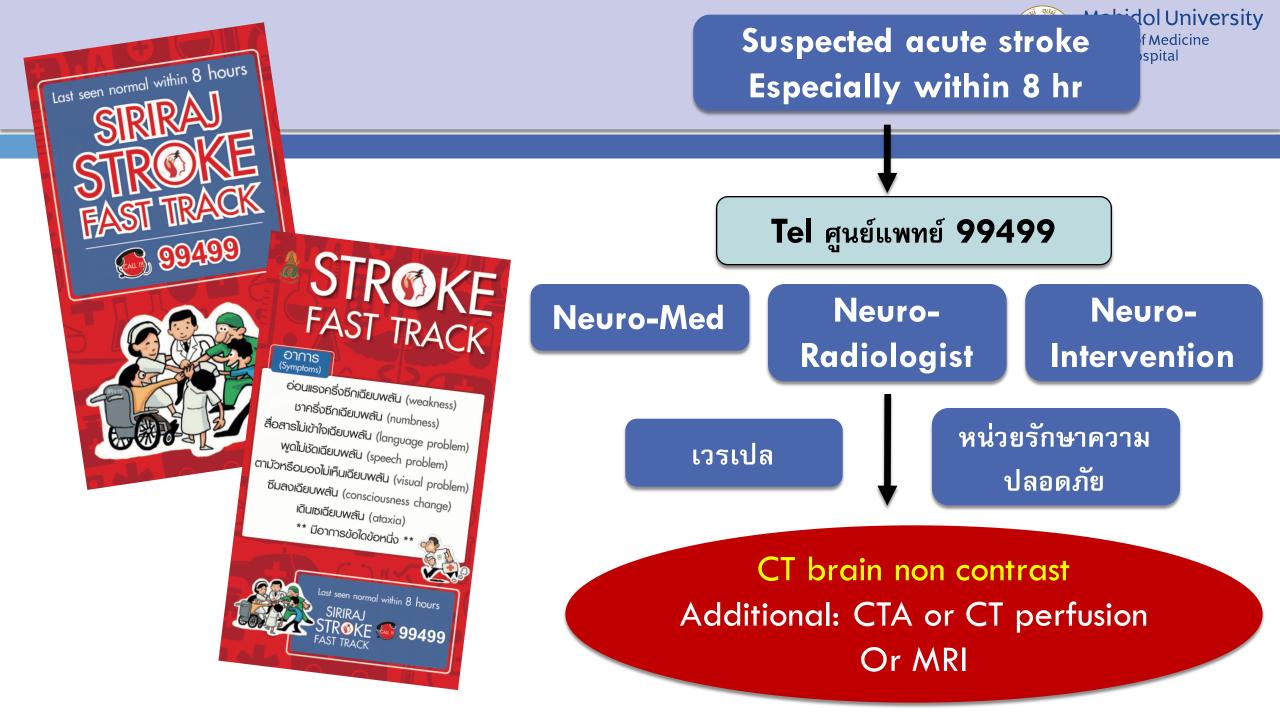
Urs Fischer, MD; Marcel Arnold, MD; Krassen Nedeltchev, MD; Caspar Brekenfeld, MD; Pietro Ballinari, MSc; Luca Remonda, MD; Gerhard Schroth, MD; Heinrich P. Mattle, MD

#### NIHSS Items at Baseline and ORs for ICA, M1, M2, or BA Occlusions on DSA

	ORs for Vessel Occlusion	<i>P</i> Value (univariate model)	ORs for Vessel Occlusion	P Value (multivariate model)
NIHSS items				
LOC	3.3 (1.7–6.5)	0.001		
LOC alertness	3.0 (1.50.8–5.7)	0.001		
LOC questions	2.7 (1.5–5.1)	0.002	4.0 (1.9-8.4)	<0.001
LOC commands	2.7 (1.4–5.4)	0.005		
Gaze	4.6 (2.3-8.9)	<0.001	2.9 (1.4–6.2)	<0.001
Visual fields	2.8 (1.2-6.5)	0.021		
Facial palsy	2.1 (0.8-5.3)	0.129		
Motor arm	4.5 (1.8–11.5	0.002		
Motor leg	5.2 (2.5–10.9)	<0.001	4.2 (1.8–9.6)	0.001
Ataxia	0.4 (0.2–1.2)	0.1		
Sensation	2.5 (1.3-4.6)	0.005		
Language	1.7 (0.9–3.2)	0.079		
Dysarthria	1.3 (0.7–2.5)	0.4		
Neglect	3.5 (1.6–7.9)	0.002	3.2 (1.3–8.1)	0.013



NIHSS scores =  $10 \rightarrow$  PPVs occlusions in 97% of carotid and 96% of vertebrobasilar strokes NIHSS score = $12 \rightarrow$  PPV to find a central occlusion 91%



### Rule out hemorrhage





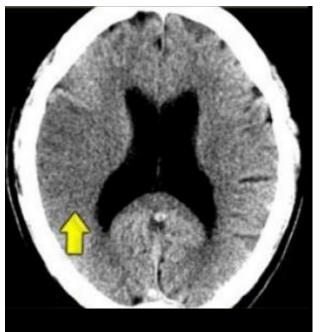


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### CT brain non contrast

## Early signs of infarction





MCA infarction



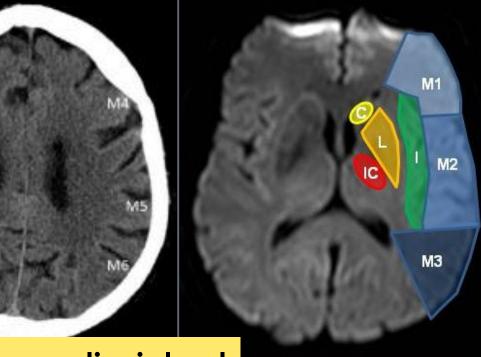


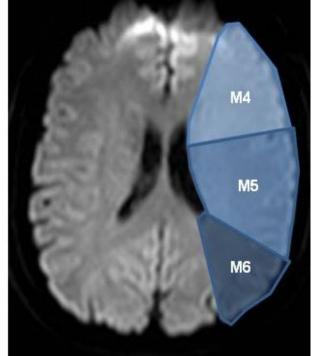
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### Early detecting signs of ischemia

**Ganglionic level** 







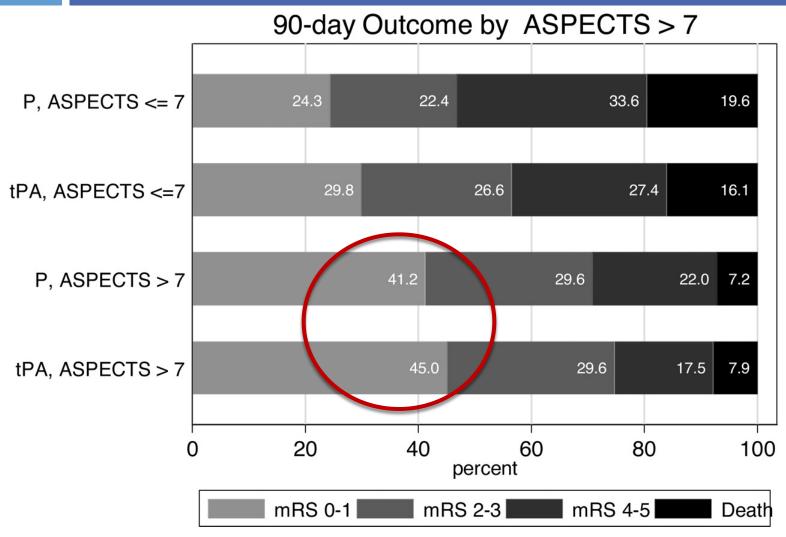
### Supraganglionic level



Score 8-10: small core Score 6-7: moderate core Score 0-5: large core <u>Arrange</u> Subcortical : C, L, IC Cortical : I, M1-M6



# Alberta Stroke Program Early CT score (ASPECTS)



# Favorable outcome ASPECTS > 7

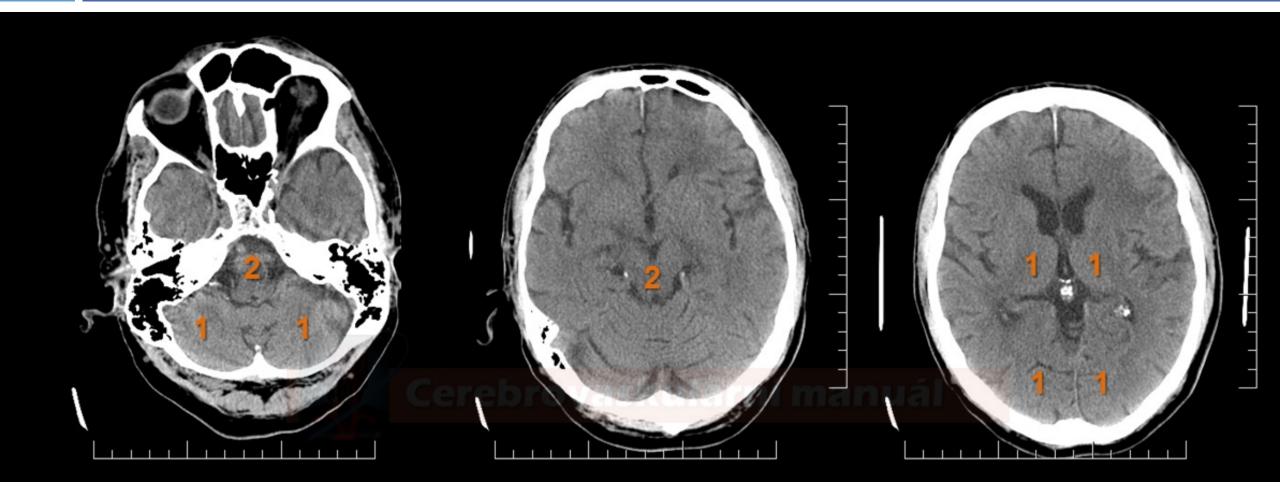
Modify rankin score (mRS) In stroke patients Score 0: no symptoms Score 1: No significant disablility Score 2: Slight disability Score 3: Moderate disablitiy Score 4: Moderately severe disability Score 5: Severe ability Death

Imanuel Dzialowski, MD, et al. Stroke. 2006;37:973-978.



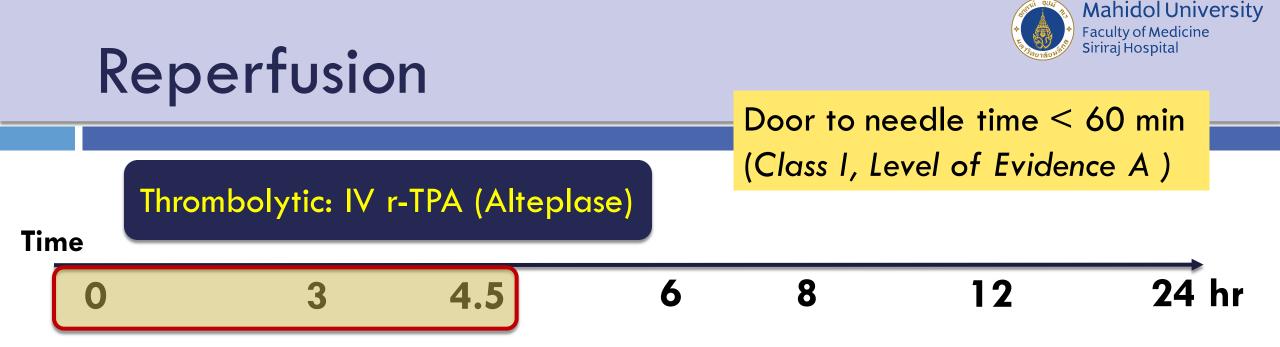
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# ASPECT score



Stroke Chain of S	Survival	Mahidol UniversityFaculty of MedicineSiriraj Hospital		
4. Door				
5. Data	Acute hospital phase			
6. Dicision	Neuro-Med and Neuro-interve	entionist		
7. Drug	sion 2	Informed risks and benefit with patient and family		
<ul> <li>Q1: Reperfusion ?</li> <li>Yes: 1) Thrombolysis</li> </ul>				
2) Endovascular treatment: mechanical thrombectomy				

• No: mild stroke or TIA  $\rightarrow$  Admission

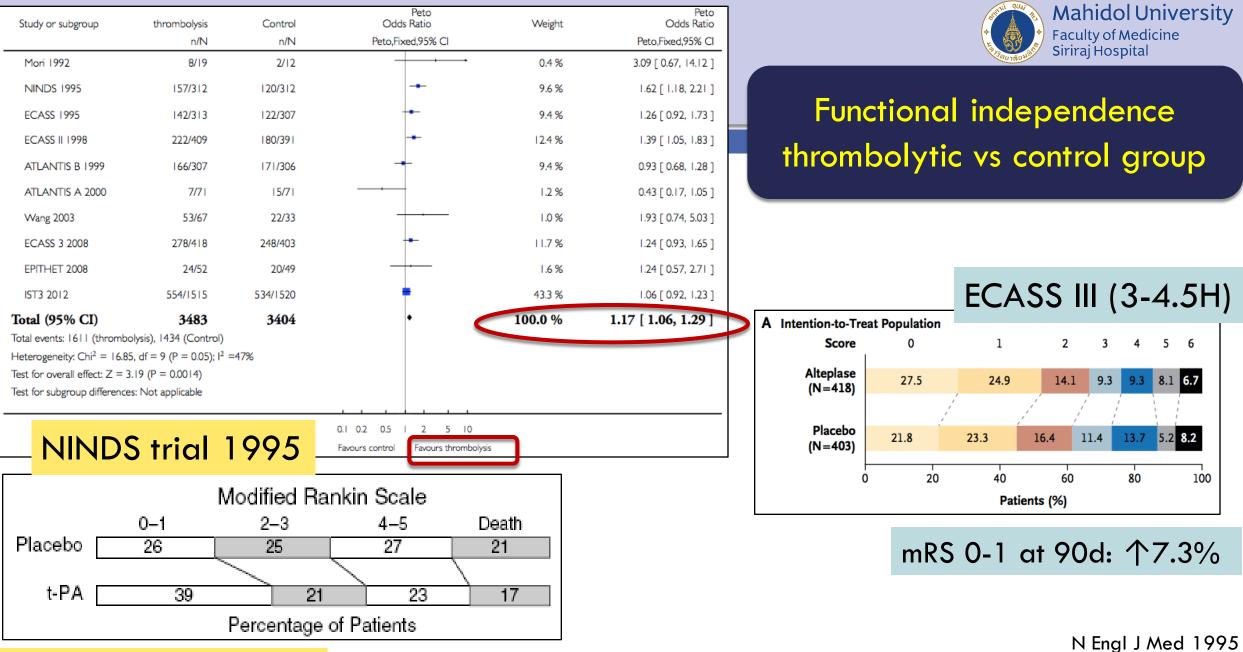


Two positive randomized trial: NINDS II, IST3  $\rightarrow$  ECAS III (extend to 4.5hr) FDA approved indication (Class I, Level of Evidence A)

Dose: 0.9 mg/kg (max. 90mg) 10% bolus in 1 min 90% in 60 min



Stroke. 2013;44:870-947.



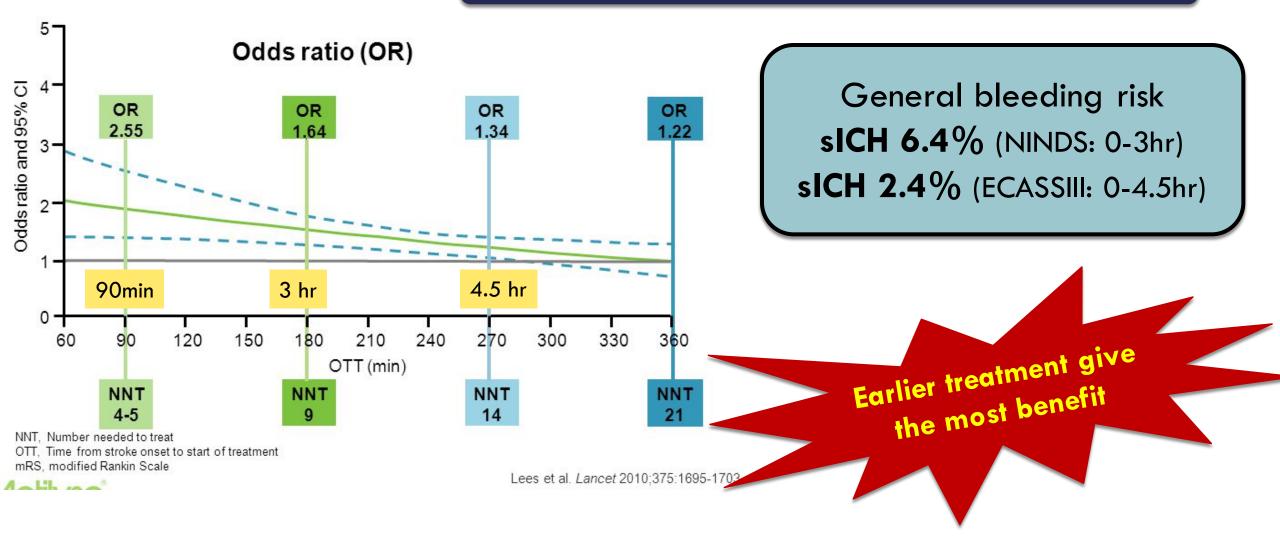
mRS 0-1 at 90d: 13%

N Engl J Med 2008;359:1317-29. Cochrane Database of Systematic Reviews 2014, Issue 7



# Reperfusion

### OR and NNT after thrombolytic by time



# POST RTPA BLEEDING: NIHSS AND ASPECT





### ASPECT score and bleeding risk

TABLE 2. Rate	of Thromboly	vsis-Related Hemor	rhage for Dic	hotomized and	d Trichotomized AS	PECTS
	Alteplase % (n)		Placebo % (n)		RR (95% CI)	
	PH	sICH	PH	sICH	РН	sICH
ASPECTS 8-10	9.3 (26/280)	6.4 (18/280)	3.9 (11/277)	2.9 (8/277)	2.3 (1.2-4.6)	2.2 (0.98–5.0)
ASPECTS 0-7	17.7 (22/124)	14.5 (18/124)	0.9 (1/107)	2.8 (3/107)	18.9 (2.6–138)	5.2 (1.6–17.1)
ASPECTS 0-3	40.0 (2/5)	40.0 (2/5)	0.0 (0/3)	0.0 (0/3)	8	$\infty$
ASPECTS 4-7	16.8 (20/119)	13.5 (16/119)	1.0 (1/104)	2.9 (3/104)	17.5 (2.4–128.0)	4.7 (1.4–15.5)

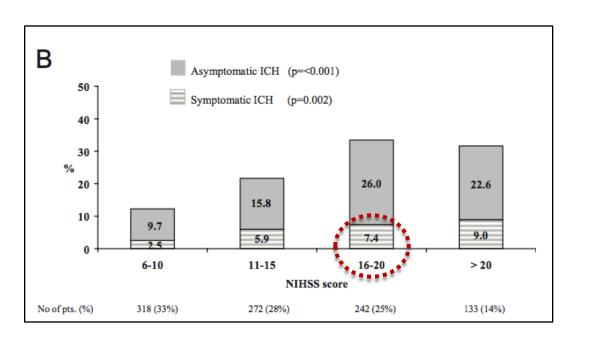
### rTPA group ASPECTS $\leq$ 7: sICH increased 2.8% $\rightarrow$ 14.5%

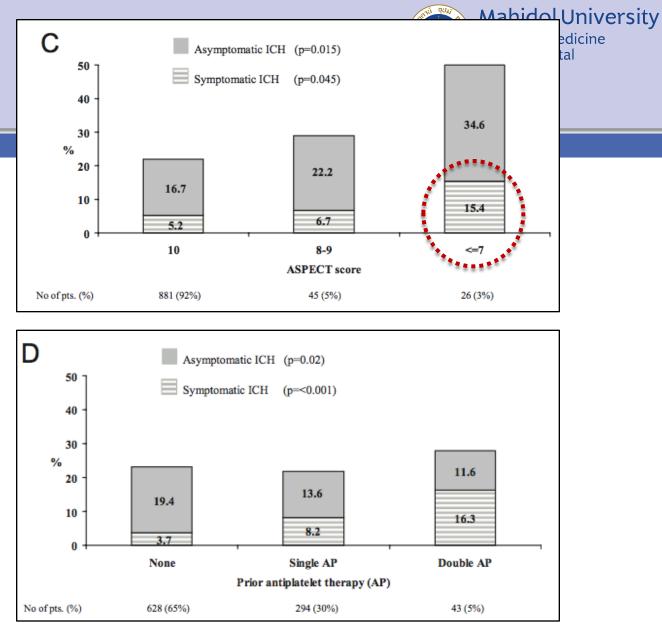
Imanuel Dzialowski, MD, et al. Stroke. 2006;37:973-978.

#### Factors Associated With Intracerebral Hemorrhage After Thrombolytic Therapy for Ischemic Stroke Pooled Analysis of Placebo Data From the Stroke-Acute Ischemic NXY

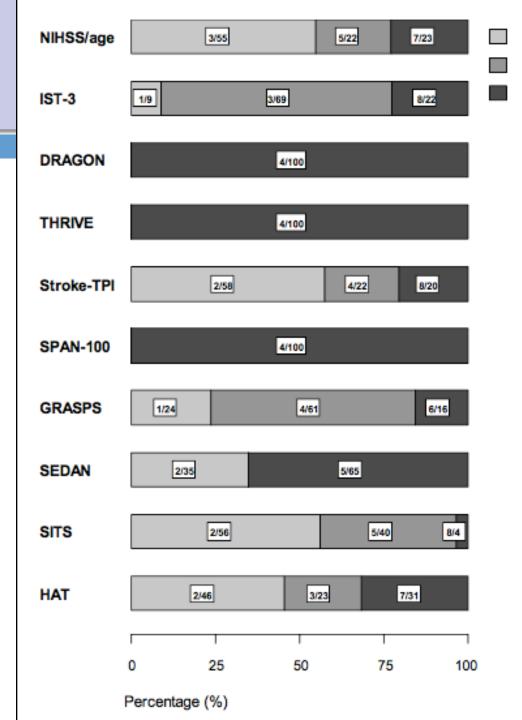
Treatment (SAINT) I and SAINT II Trials

Brett Cucchiara, MD; Scott E. Kasner, MD; David Tanne, MD; Steven R. Levine, MD; Andrew Demchuk, MD; Steven R. Messe, MD; Lauren Sansing, MD; Kennedy R. Lees, MD; Patrick Lyden, MD; for the SAINT Investigators





Stroke. 2009;40:3067-3072.





#### Targeting Recombinant Tissue-Type Plasminogen Activator in Acute Ischemic Stroke Based on Risk of Intracranial Hemorrhage or Poor Functional Outcome An Analysis of the Third International Stroke Trial

Low (<3%)

High (>8%)

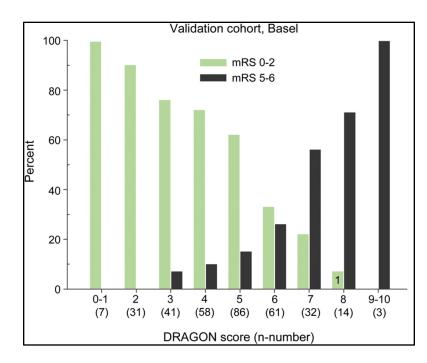
Medium (3 - 8%)

William N. Whiteley, PhD; Douglas Thompson, BSc; Gordon Murray, PhD;Geoff Cohen, MA; Richard I. Lindley, FRCP; Joanna Wardlaw, FRCR, FRCP;Peter Sandercock, FRCPE; on behalf of the IST-3 Collaborative Group

Stroke. 2014;45:1000-1006.

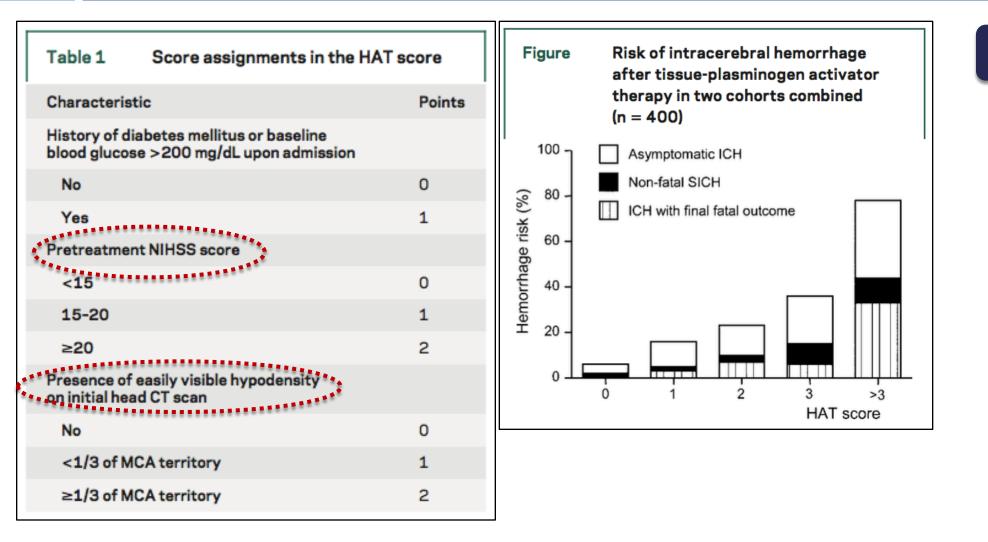
tem	Value	Score	Functional ou	utcome
lood sugar	≤8.0 mmol/l (≤144 mg/dl)	0	after rT	PA
8.1–12.0 mmol/l (145–216 mg/dl)		1		
	>12.0 mmol/l (>216 mg/dl)	2	NIHSS	Points
Early ischaemic	Absent	0	NIH55 ≤10	0
signs on CT	Present	1	11–20 ≥21	2 4
Hyperdense	Absent	0	Age	4
artery sign	Present	1	≤59	0
Age	≤75 years	0	60–79 ≥80	1 2
	>75 years	1	CDS (1 point each for HTN, DM, AFib)	Z
NIH Stroke Scale score	0–9 points ≥10 points	0	0	0
ocale score	210 001103	±	1	1
		-	2	2
	1• • 1		2 3	2 3
Blee	ding risk		3	3
			3	3
	ding risk er rTPA		3	3
	er rTPA		3 TH	3
aft Clinical f	er rTPA		3 TH	3 IRIVE score = (0-
Clinical for History of	er rTPA	ood gluce	3 HAT score	3 IRIVE score = (0- <b>Point valu</b>
Clinical f History of Pretreatm	er rTPA eature diabetes of blo	ood gluco 20	3 HAT score	3 IRIVE score = (0 <b>Point valu</b> 1
Clinical for History of Pretreatm Pretreatm	er rTPA eature diabetes of blo ent NIHSS 15-2 ent NIHSS >20	ood gluco	3 HAT score	3 IRIVE score = (0 Point valu 1 1

DRAGON Score	9
Parameter	Scale (Normal to Severe)
(hyper)Dense cerebral artery or early infarct signs in CT head scan on admission	0-2
Modified Rankin scale score >1, prestroke	0 or 1
Age	0-2
Glucose level on admission	0 or 1
Onset-to-treatment time	0 or 1
NIHSS on admission	0-3
:ore range: 0 – 10 et al. <i>Stroke</i> . 2013;44:2718-2721.	



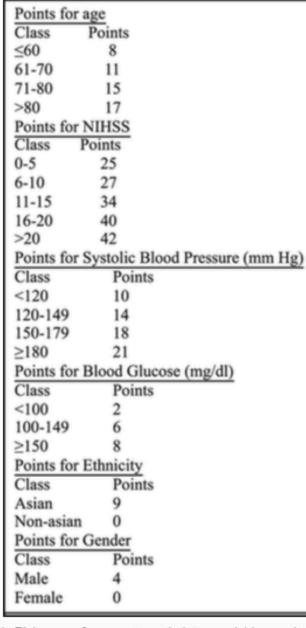
### Bleeding risk after rTPA

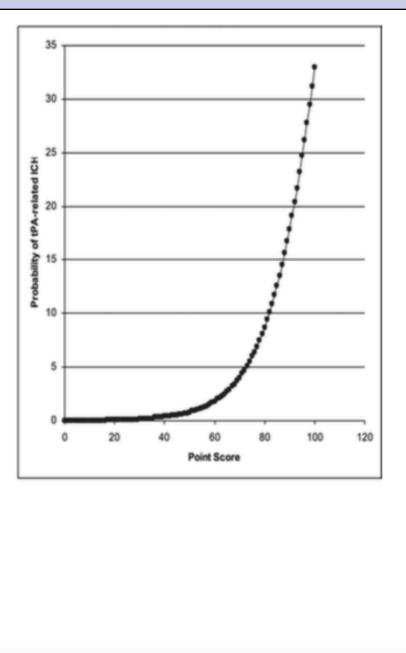




### HAT score

#### Neurology 2008;71:1417-1423







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Figure 1. Risk score for symptomatic intracranial hemorrhage after IV tPA. IV tPA indicates intravenous tissue-type plasminogen activator.

Stroke. 2012;43:2293-2299.

Table 10.Inclusion and Exclusion Characteristics of PatientsWith Ischemic Stroke Who Could Be Treated With IV rtPAWithin 3 Hours From Symptom Onset

#### Inclusion criteria

- Diagnosis of ischemic stroke causing measurable neurological deficit
- Onset of symptoms <3 hours before beginning treatment
- Aged ≥18 years

#### Exclusion criteria

- Significant head trauma or prior stroke in previous 3 months
- Symptoms suggest subarachnoid hemorrhage
- Arterial puncture at noncompressible site in previous 7 days
- History of previous intracranial hemorrhage
- Intracranial neoplasm, arteriovenous malformation, or aneurysm
- Recent intracranial or intraspinal surgery
- Elevated blood pressure (systolic >185 mmHg or diastolic >110 mmHg)
- Active internal bleeding
- Acute bleeding diathesis, including but not limited to
- Platelet count <100 000/mm<sup>3</sup>
- Heparin received within 48 hours, resulting in abnormally elevated aPTT greater than the upper limit of normal
- Current use of anticoagulant with INR >1.7 or PT >15 seconds
- Current use of direct thrombin inhibitors or direct factor Xa inhibitors with elevated sensitive laboratory tests (such as aPTT, INR, platelet count, and ECT; TT; or appropriate factor Xa activity assays)
- Blood glucose concentration <50 mg/dL (2.7 mmol/L)
- CT demonstrates multilobar infarction (hypodensity >1/3 cerebral hemisphere)

### Contraindications



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### Some of these exclusions

- More common than others
- Potentially treatable, modifiable, or reversible before alteplase administration

### **Need individualized evaluations**

Levels of evidence supporting individual

exclusion criteria for intravenous alteplase vary widely

### Relative C/I (3-4.5hr)

- Age > 80y
- Taking oral anticoagulants
   regardless INR
- NIHSS > 25
- History of stroke and DM

Stroke. 2013;44:870-947. Stroke. 2016;47:581-641 Table 10. Inclusion and Exclusion Characteristics of Patients With Ischemic Stroke Who Could Be Treated With IV rtPA Within 3 Hours From Symptom Onset

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### Contraindications



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### Some of these exclusions

- More common than others
- Potentially treatable, modifiable, or reversible before alteplase administration

### **Need individualized evaluations**

• Levels of evidence supporting individual exclusion criteria for intravenous alteplase **vary widely** 

#### Relative exclusion criteria Recent experience suggests that under some circumstances, with careful consideration and weighting of risk to benefit, patients may receive fibrinolytic therapy despite ≥1 relative contraindications. Consider risk to benefit of intravenous rtPA administration carefully if any of these relative contraindications is present Only minor or rapidly improving stroke symptoms (clearing spontaneously)

- Pregnancy
- Seizure at onset with postictal residual neurological impairments
- Major surgery or serious trauma within previous 14  $\mbox{d}$
- Recent gastrointestinal or urinary tract hemorrhage (within previous 21 d)
- Recent acute myocardial infarction (within previous 3 mo)

Stroke. 2013;44:870-947. Stroke. 2016;47:581-641

#### Appendix: Comparison of AHA/ASA Acute Stroke Management Guidelines and Previous and New FDA Prescribing Information for Alteplase (Activase) Treatment in Acute Ischemic Stroke

Criterion	AHA/ASA Acute Stroke Management Guideline 201324	Old Alteplase (Activase) PI (Updated 2009)	New Alteplase (Activase) PI (February 2015)
Prior stroke	Exclusion: prior stroke within 3 mo	Contraindication: recent (within 3 mo) previous stroke	Removed entirely
Seizure at onset	Relative exclusion: seizure at onset with postictal neurological impairments	Contraindication: seizure at the onset of stroke	Removed entirely
Bleeding diathesis/OACs	Exclusion: Platelet count <100 000/mm <sup>3</sup> Heparin received within 48 h, resulting in abnormally elevated aPTT Current use of anticoagulant with INR >1.7 or PT >15 s Current use of direct thrombin inhibitors	Contraindication: known bleeding diathesis including but not limited to: Current use of OACs (eg, warfarin sodium), an INR >I.7, or a PT >15 s Administration of heparin within 48 h preceding the onset of stroke with an elevated aPTT at presentation	Bleeding diathesis remains a contraindication, but all laboratory values and specific examples removed
	or direct factor Xa inhibitors with elevated sensitive laboratory tests	Platelet count <100 000/mm <sup>3</sup> Warning for all indications: patients currently taking 0ACs	
ІСН	Exclusion: history of previous ICH	Contraindication: history of ICH	Contraindication removed Warning added for recent ICH
BP	Exclusion: Elevated BP (systolic >85 mm Hg or diastolic >10 mm Hg)	Contraindication: uncontrolled hypertension at the time of treatment (eg, >185 mm Hg systolic or >110 mm Hg diastolic)	Contraindication: current severe uncontrolled hypertension remains, specific BP values removed Warning for BP >175/110 mm Hg remains for all alteplase (Activase) indications

#### Appendix: Comparison of AHA/ASA Acute Stroke Management Guidelines and Previous and New FDA Prescribing Information for Alteplase (Activase) Treatment in Acute Ischemic Stroke

Criterion	AHA/ASA Acute Stroke Management Guideline 201324	Old Alteplase (Activase) PI (Updated 2009)	New Alteplase (Activase) PI (February 2015)
Blood glucose	Exclusion: blood glucose <50 mg/dL	Warning: because of the increased risk for misdiagnosis of acute ischemic stroke, special diligence is required in making this diagnosis in patients whose blood glucose values are ≈50 or >400 mg/dL	Removed entirely
Severe stroke	Not listed	Warning: patients with severe neurological deficit (NIHSS score >22) at presentation; there is an increased risk of ICH in these patients	Removed entirely
Mild stroke	Relative exclusion: only minor or rapidly improving stroke symptoms (clearing spontaneously)	Warning: safety and efficacy in patients with minor neurological deficit or with rapidly improving symptoms have not been evaluated; therefore, treatment of patients with minor neurological deficit or with rapidly improving symptoms is not recommended	Removed entirely
Neuroimaging findings	Exclusion: CT demonstrates multilobar infarction (hypodensity >1/3 cerebral hemisphere)	Warning: Major early infarct sign (substantial edema, mass effect, or midline shift on CT)	Removed entirely
SAH	Exclusion: symptoms suggest SAH	Contraindication: Suspicion of SAH on	Contraindication: subarachnoid hemorrhage
		pretreatment evaluation	Stroke. 2016;47:581-641



#### Appendix: Comparison of AHA/ASA Acute Stroke Management Guidelines and Previous and New FDA Prescribing Information for Alteplase (Activase) Treatment in Acute Ischemic Stroke

Criterion	AHA/ASA Acute Stroke Management Guideline 2013 <sup>24</sup>	Old Alteplase (Activase) PI (Updated 2009)	New Alteplase (Activase) PI (February 2015)
Use in specific populations Pregnancy	Relative exclusion	Warning: pregnancy Category C	No change
Nursing mothers	Not listed	Not mentioned	Unknown risk
Children	Inclusion: $\geq$ 18 y of age	Indicated for adults	Pediatric use not established
Elderly	Not listed	Warning for all indications: advanced age (eg, >75 y) may increase risks	Warning added: age >77 y was 1 of several interrelated baseline characteristics associated with an increased risk of ICH; efficacy results suggest a reduced but still favorable clinical outcome
Gastrointestinal or genitourinary bleeding	Warning: gastrointestinal or genitourinary bleeding within the past 21 d	Warning: gastrointestinal or genitourinary bleeding within the past 21 d	Warning: gastrointestinal or genitourinary bleeding

Table 7. Comparison of Favorable Outcomes at 90 Days Between tPA and Control Among Participants <80 and >80 Years of Age in the NINDS and IST-3 Trials

				Favorable Outcome at 3 mo		
Study	Age Group, y	tPA, n	Control, n	tPA, n (%)	Control, n (%)	OR (95% CI)
NINDS <sup>1</sup>	≤80	272	283	142 (52.2)	102 (36.0)	1.94 (1.38–2.72)
	>80	40	29	9 (22.5)	6 (20.7)	1.11 (0.35–3.37)
IST-3 <sup>6</sup>	≤80	698	719	331 (47.4)	346 (48.1)	0.92 (0.67–1.26)
	>80	817	799	223 (27.3)	188 (23.5)	1.35 (0.97–1.88)
Total	≤80	970	1002	473 (48.8)	433 (43.2)	1.25 (1.04–1.50)
	>80	857	828	232 (27.1)	194 (23.4)	1.21 (0.97-1.52)

### Predictor for post rTPA bleeding

- Large infarction area (NIHSS, ASPECTS)
- High blood pressure
- Older age
- DM (high blood sugar)

Stroke. 2016;47:581-641 Jonathan Emberson, et al. Lancet 2014; 384: 1929–35 Age: not contraindicate



### Age > 80 y

### Favorable outcome

#### mRS 0-2 > control in 3 hr onset

.04–1.50)			
).97–1.52)	Alteplase	Control	Odds ratio (95% CI)*
	(n=3391)	(n=3365)	(35% C)
Treatment de	lay		
≤3·0 h	22/787 (2.8%)	2/762 (0.3%)	■ 10.86 (2.54–46.41)
>3·0≤4·5 h	35/1375 (2.5%)	7/1437 (0.5%)	5·63 (2·49–12·76)
>4·5 h	34/1229 (2.8%)	4/1166 (0.3%)	8.16 (2.88–23.11)
Age (years)			
≤80	59/2512 (2.3%)	9/2515 (0.4%)	6·93 (3·42–14·02)
>80	32/879 (3.6%)	4/850 (0.5%)	7.95 (2.79–22.60)
Baseline NIHS	S score		
0-4	3/345 (0.9%)	0/321 (0.0%)	NE
5-10	20/1281 (1.6%)	5/1252 (0.4%)	3.90 (1.46-10.44)
11-15	23/794 (2.9%)	1/808 (0.1%)	→ 24·14 (3·25–179·32)
16-21	24/662 (3.6%)	5/671 (0.7%)	5.00 (1.89–13.20)
≥22	21/309 (6.8%)	2/313 (0.6%)	► 10·94 (2·54-47·15)
All patients	91/3391 (2·7%)	13/3365 (0.4%)	7.14 (3.98–12.79)
		0-5 Alteplase better	1 2 4 8 16 32 Alteplase worse

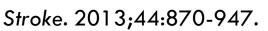
Figure 4: Effect of alteplase on fatal intracranial haemorrhage within 7 days by treatment delay, age, and stroke severity

# Adverse effect: Alteplase

### Orolingual angioedema

- 1.3-5.1% swelling of tongue, lips or oropharynx Typically mild, transient  $\rightarrow$  can be severe airway obstruction
- Contralateral to ischemic hemisphere Associated risk
- ACEI used, insular and frontal cortex infarction

Rx: diphenhydramine, methylprednisolone

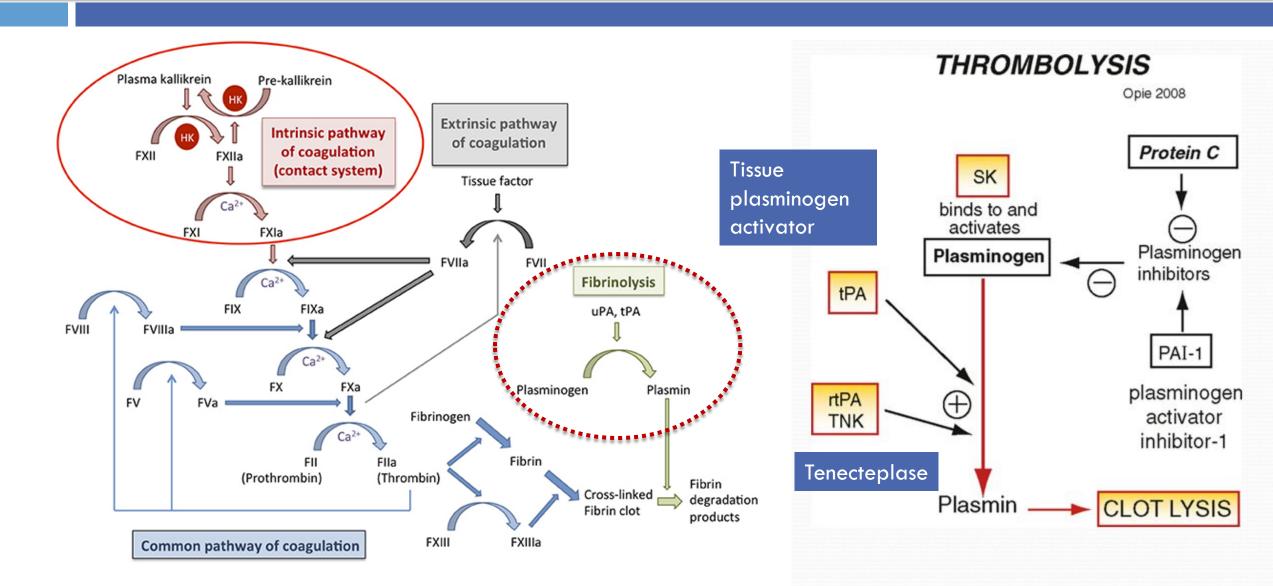








# Mechanism of rTPA





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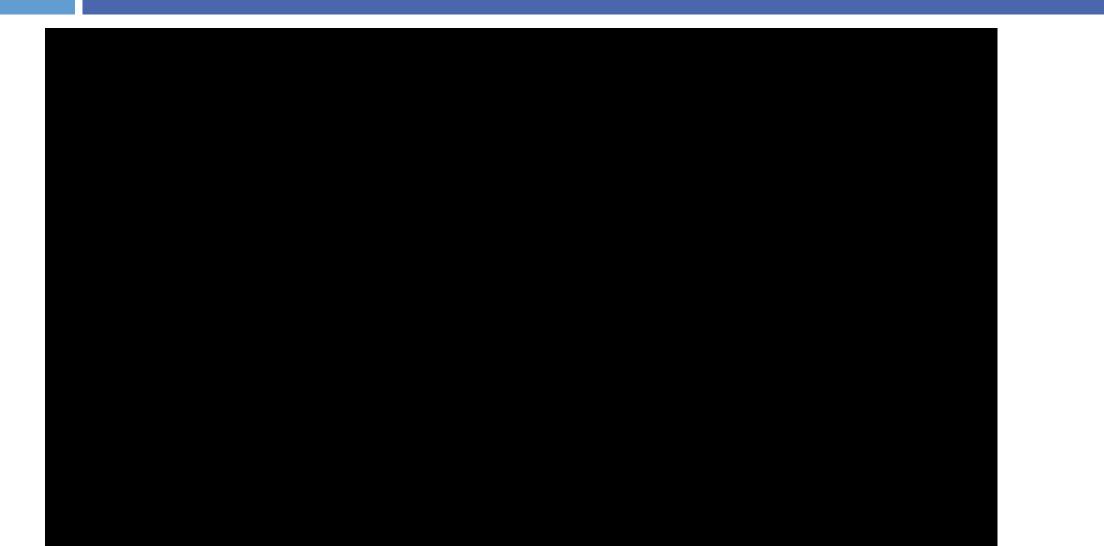
## Mechanism of rTPA

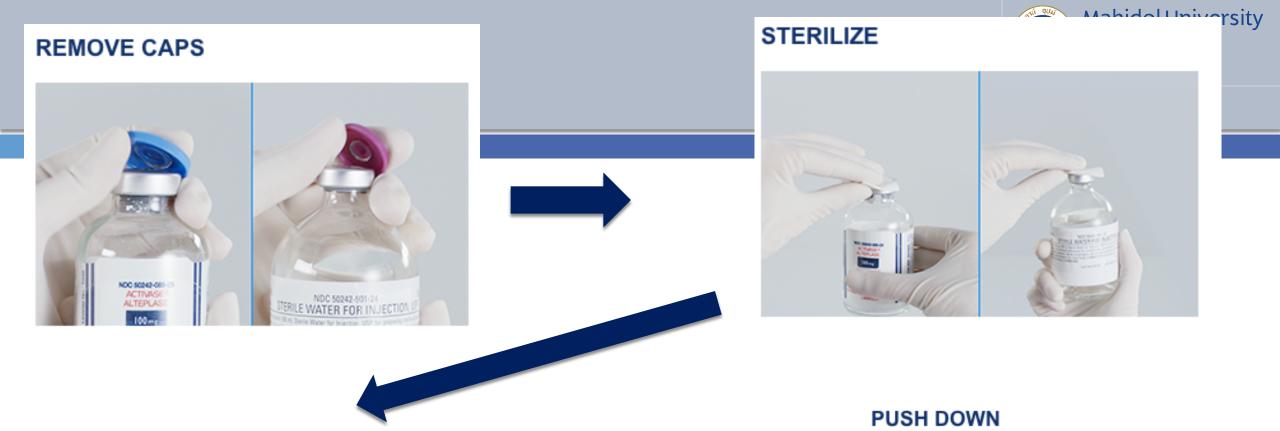




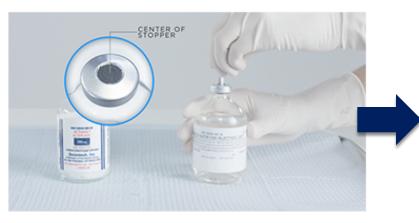
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## How to give rTPA





#### **INSERT TRANSFER PIN IN SWFI VIAL**



#### INSERT ACTIVASE VIAL ON OTHER END OF PIN





**INVERT VIALS** 





#### MIX GENTLY



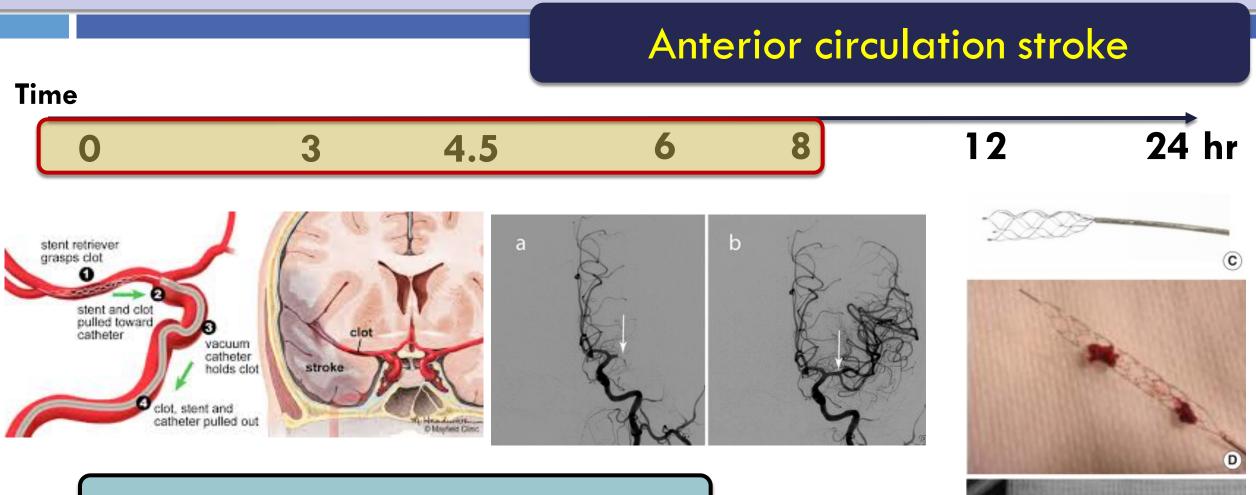
#### LET IT SETTLE (SEVERAL MINUTES)



#### **INSPECT SOLUTION**







Large a. occlusion: ICA, MCA (proximal M1)

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# Mechanical thrombectomy

### Anterior circulation stroke

- 2. Patients should receive endovascular therapy with a stent retriever if they meet all the following criteria (*Class I*; *Level of Evidence A*). (New recommendation):
  - a. Prestroke mRS score 0 to 1,
  - b. Acute ischemic stroke receiving intravenous r-tPA within 4.5 hours of onset according to guidelines from professional medical societies,
  - c. Causative occlusion of the ICA or proximal MCA (M1),
  - d. Age ≥18 years,
  - e. NIHSS score of  $\geq 6$ ,
  - f. ASPECTS of ≥6, and
  - g. Treatment can be initiated (groin puncture) within 6 hours of symptom onset

### Siriraj protocal: within 8 hr

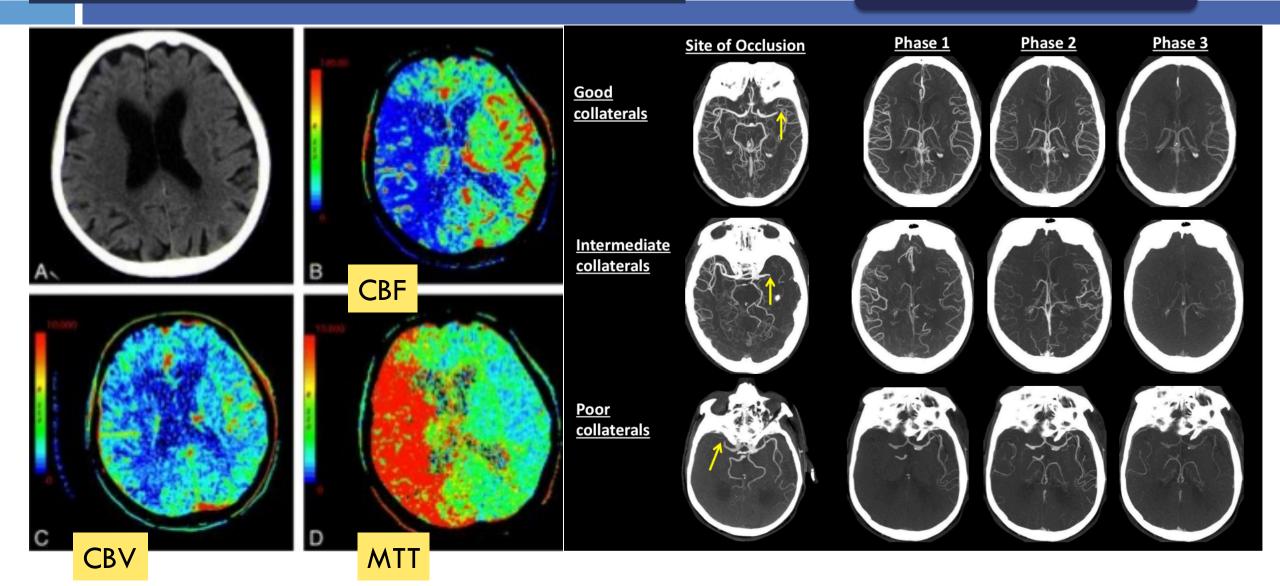
ASPECT score  $\geq$  6 or Collateral score  $\geq$  3 or Mismatched area  $\geq$  2/3 of the territory (Ischemic zone-reversible)

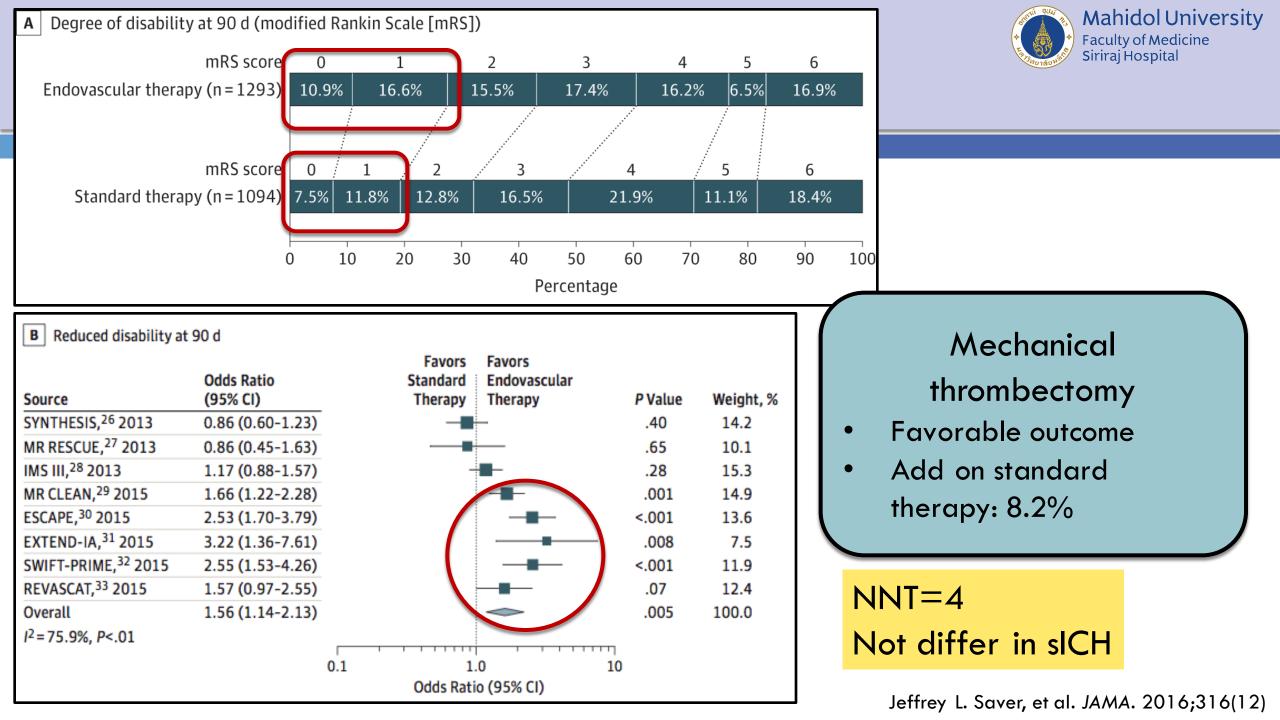
### CT perfusion Penumbra zone (CBV/CBF mismatch)



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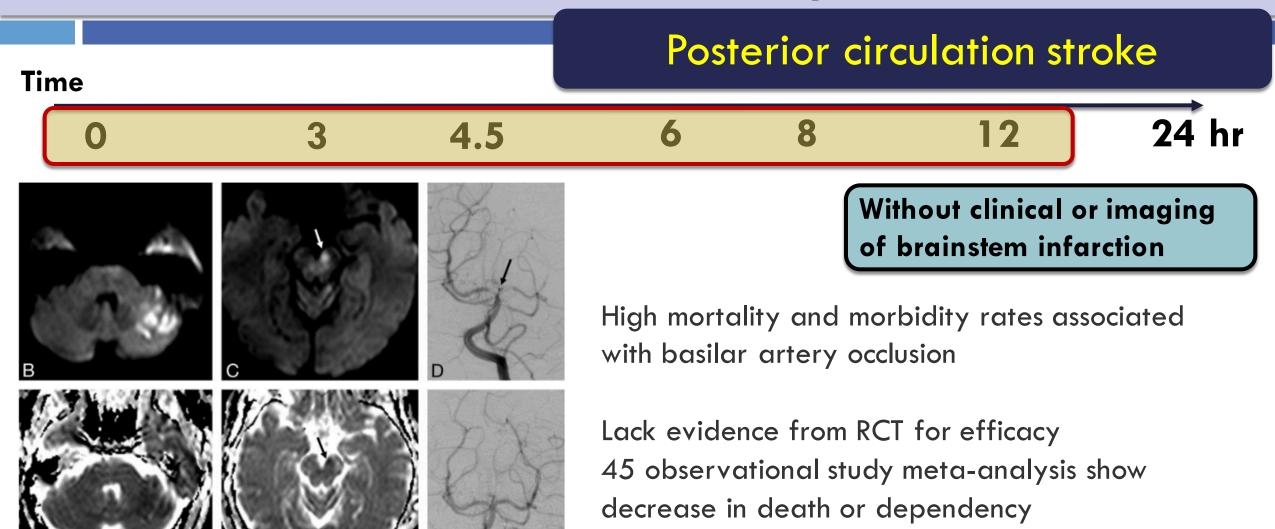
### Multi-phase CTA







# **Mechanical thrombectomy**



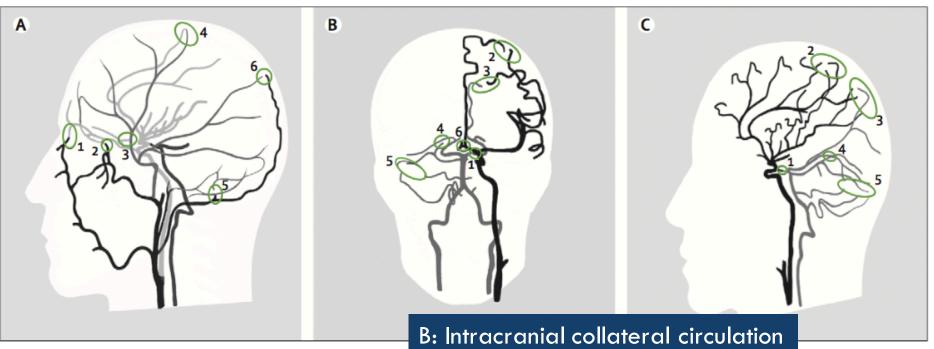
International Journal of Stroke 2016, Vol. 11(1) 134–147



# Collateral blood vessels in acute stroke

# **Collateral flow** can sustain brain tissue for hours after the occlusion of major arteries to the brain

#### A: Extra-intracranial circulation



#### Figure 1: Cerebral arterial circulation

(A) Extracranial arterial collateral circulation. Shown are anastomoses from the facial (1), maxillary (2), and middle meningeal (3) arteries to the ophthalmic artery, and dural arteriolar anastomoses from the middle meningeal artery (4) and occipital artery through the mastoid foramen (5) and parietal foramen (6). Intracranial arterial collateral circulation in frontal (B) and lateral (C) views. Shown are the posterior communicating artery (1); leptomeningeal anastomoses between anterior and middle cerebral arteries (2) and between posterior and middle cerebral arteries (3); the tectal plexus between posterior cerebral and superior cerebellar arteries (4); anastomoses of distal cerebellar arteries (5); and the anterior communicating artery (6). Reproduced from Liebeskind,<sup>7</sup> by permission of Wolters Kluwer Health.

#### Lancet Neurol 2011; 10: 909-21



# Collateral blood vessels in acute stroke





# Collateral blood vessels in acute stroke

## Panel 1: Conditions that might adversely affect collateral status

- Congenital lack of collateral anatomy (ie, incomplete circle of Willis)
- Dehydration
- Hyperthermia
- Hyperglycaemia
- Increased blood viscosity
- Systemic infections
- Pulmonary compromise
- Cardiac failure
- Electrolyte and renal dysfunction
- Drugs that inhibit physiological augmentation of blood pressure (ie, high-dose antihypertensives)\*
- Widespread cerebral atherosclerosis

\*Some vasodilatory antihypertensives, particularly nitric oxide donors, might enable collateral flow.<sup>50</sup>

Maintain good collateral is importance

#### Good collateral circulation

- Prevent or delay permanent neural damage
- Could restrict the extent of infarction in ischaemic stroke

\*\*effectiveness of collateral flow varies greatly between patients

#### Lancet Neurol 2011; 10: 909-21



	Modality	Grading system	Comments
Kucinski et al <sup>25</sup>	Cerebral angiography	1 (good): ≥3 MCA branches (retrograde filling) 2 (poor): <3 MCA branches	Small series; scoring system not validated
Higashida et al <sup>59</sup>	Cerebral angiography	0: no collateral vessels filled 1: slow collateral filling to periphery 2: rapid collateral filling to periphery 3: collaterals with slow but complete flow in ischaemic bed 4: rapid and complete flow in entire ischaemic territory	Scoring system not validated
Miteff et al <sup>9</sup>	CT angiography	1 (good): entire MCA distal to occlusion reconstituted with contrast 2 (moderate): some branches of MCA reconstituted in Sylvian fissure 3 (poor): distal superficial branches reconstituted	Large thrombolysis series; excellent outcome in patients with good collaterals



	Modality	Grading system	Comments
Maas et al <sup>60</sup>	CT angiography	1: absent 2: less than contralateral side 3: equal to contralateral side 4: greater than contralateral side 5: exuberant	Large series from two centres; scoring system not validated
Tan et al <sup>61</sup>	CT angiography	0: absent 1: <50% collateral MCA filling 2: >51–99% 3: 100%	Small series; clot volume also calculated; scoring system not validated
Lee et al <sup>62</sup>	MRI, magnetic resonance angiography	Distal hyperintense vessels on FLAIR MRI 1: absent 2: subtle 3: prominent	Small series; all patients had proximal MCA occlusion; prominent hyperintense vessels predicted good outcome; scoring system not validated



	Modality	Grading system	Comments
Silvestrini et al <sup>63</sup>	Transcranial doppler	Collateral supply inferred by direction of flow in ophthalmic artery, anterior cerebral artery, and posterior cerebral artery Good: ≥2 vessels insonated Poor: ≤1 vessel insonated	Carotid dissection case series; good collateral flow associated with good prognosis; no validation study

MCA=middle cerebral artery. FLAIR=fluid-attenuated inversion recovery.

Table: Collateral vessel grading systems by study



Category	Score	Findings
Poor	0	Compared to asymptomatic contralateral hemisphere: •There are no vessels visible in any phase within the occluded vascular territory. Compared to asymptomatic contralateral hemisphere: •There are just a few vessels visible in any phase within the occluded vascular territory.
Intermediate	2 3	Compared to asymptomatic contralateral hemisphere ther is : • A delay of two phases in filling in of peripheral vessels and decreased prominence (thinner vessels) and extent. or • A one-phase delay and some regions with no vessels in some part of the territory occluded. Compared to asymptomatic contralateral hemisphere there is: • A delay of two phases in filling in of peripheral vessels but prominence and extent is the same. or • A one phase delay and decreased prominence and reduced number of vessels in some part of the territory occluded.
Good	4 5	Compared to asymptomatic contralateral hemisphere: •There is a delay of one phase in filling in of peripheral vessels but prominence and extent are the same. Compared to asymptomatic contralateral hemisphere, there is: •No delay, normal or increased prominence and normal extent of peripheral vessels.

Collateral scores of 4 and 5 have over 80% rate of inclusion for thrombectomy in the setting of a large vessel occlusion

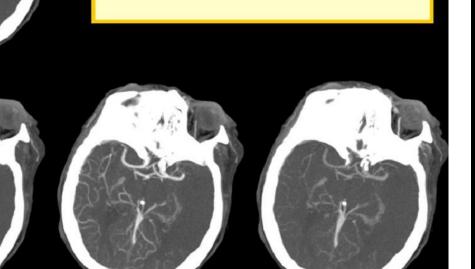
#### G. Bennett, et al. BMJ Volume 9, Issue Suppl 1





86 years old woman with a left M1 MCA occlusion (arrow) and poor collaterals (grade 0) on multi-phase CTA.

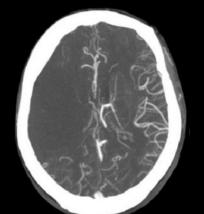
There are no vessels visible distal to the occlusion point. Absence of collaterals in any phase within the occluded vascular territory.

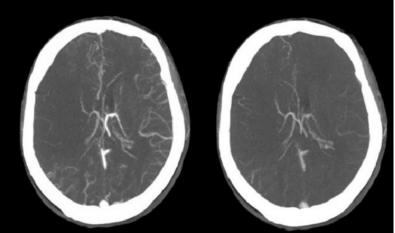




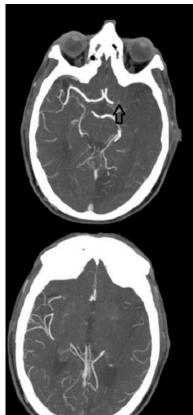
68 years old woman with a right supraclinoid segment occlusion of internal carotid artery (arrow) and poor collaterals (**grade 1**) on multi-phase CTA.

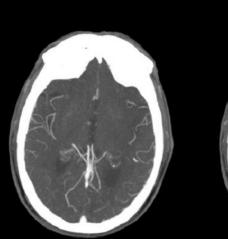
There are just a few vessels visible with a delay of two phases in filling in of peripheral vessels and decreased prominence.

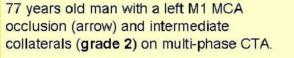










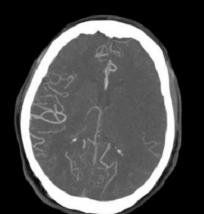


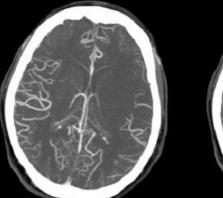
There is a delay of two phases in filling in of peripheral vessels and decreased prominence and extent.

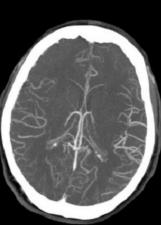


75 years old woman with a left petrous segment occlusion of internal carotid artery (arrow) and intermediate collaterals (**grade 3**) on multi-phase CTA.

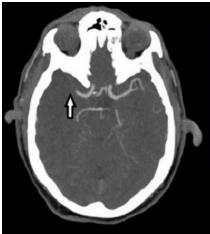
There is a delay of two phases in filling in of peripheral vessels but prominence and extent is the same.











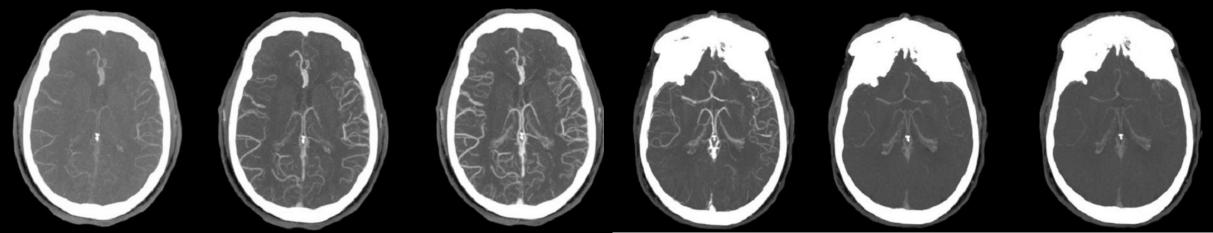
64 years old man with a right M1 MCA occlusion (arrow) and good collaterals (grade 4) on multi-phase CTA.

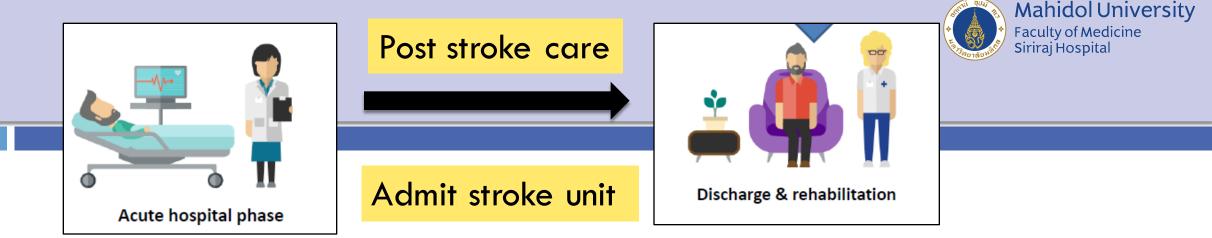
There is a slight delay of first phase filling in of peripheral vessels but later in phases 2 and 3 are matched with left territory. Prominence and extent is the same.



74 years old man with a left M1 MCA occlusion (arrow) and good collaterals (grade 5) on multi-phase CTA.

There is enhancement of vessels distal to the occlusion. Absence of delay, increased prominence and normal extent of peripheral vessels within the occluded arteries territory.





Lower overall 30day mortality (Class I; Level of Evidence A)

### **General management**

- Airway, Ventilatory Support, and Supplemental Oxygen (if SpO2 < 94%)</li>
- Treatment of hyperthermia (T>37.6 °C)
- Correction of hypovolemia, avoid hypervolemia
- BP management
- Normoglycemia, avoid hypoglycemia
  - ADA recommended: 140-180 mg/dl
- Cardiac monitoring at least 24 hr

- Class I; Level of Evidence C

Class I; Level of Evidence B

Class IIa; Level of Evidence C

Class I; Level of Evidence B

# Table 9. Potential Approaches to Arterial Hypertension inAcute Ischemic Stroke Patients Who Are Candidates for AcuteReperfusion Therapy

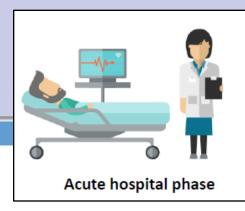
- Patient otherwise eligible for acute reperfusion therapy except that BP is >185/110 mm Hg:
  - Labetalol 10-20 mg IV over 1-2 minutes, may repeat 1 time; or
- Nicardipine 5 mg/h IV, titrate up by 2.5 mg/h every 5–15 minutes, maximum 15 mg/h; when desired BP reached, adjust to maintain proper BP limits; or Other agents (hydralazine, enalaprilat, etc) may be considered when appropriate
- If BP is not maintained at or below 185/110 mm Hg, do not administer rtPA
- Management of BP during and after rtPA or other acute reperfusion therapy to maintain BP at or below 180/105 mm Hg:
  - Monitor BP every 15 minutes for 2 hours from the start of rtPA therapy, then every 30 minutes for 6 hours, and then every hour for 16 hours
- If systolic BP >180–230 mm Hg or diastolic BP >105–120 mm Hg:
  - Labetalol 10 mg IV followed by continuous IV infusion 2-8 mg/min; or
  - Nicardipine 5 mg/h IV, titrate up to desired effect by 2.5 mg/h every 5–15 minutes, maximum 15 mg/h
- If BP not controlled or diastolic BP >140 mm Hg, consider IV sodium nitroprusside



## Blood pressure management

- 1. Acute reperfusion therapy BP < 185/110 mmHg
- 2. During and after reperfusion BP < 180/105 mmHg
- Labetalol IV
- Nicardipine IV

Non reperfusion group BP < 220/120 mmHg in first 24 hr



## Post acute stroke care



### **Medication management**

### Antiplatelets for non cardioembolic stroke

• Aspirin in 48 hr of stroke onset

**Initial 325 mg** (range 160-300mg from 2RCT) Reduction in early recurrent stroke in 14 day Reduced mortality and unfavorable outcome

### Not recommend aspirin in 24 hr after thrombolytic

• Other antiplatelets: selection individualized on patient risk factors (ex. combination aspirin and clopidogrel or dipyridamole)

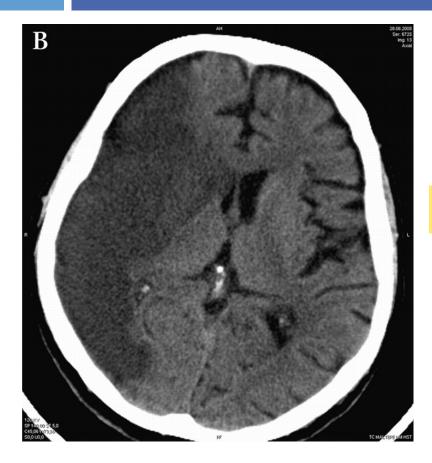
Class I; Level of Evidence A

Class III; Level of Evidence C

Class IIa; Level of Evidence B



# Complications after acute ischemic stroke



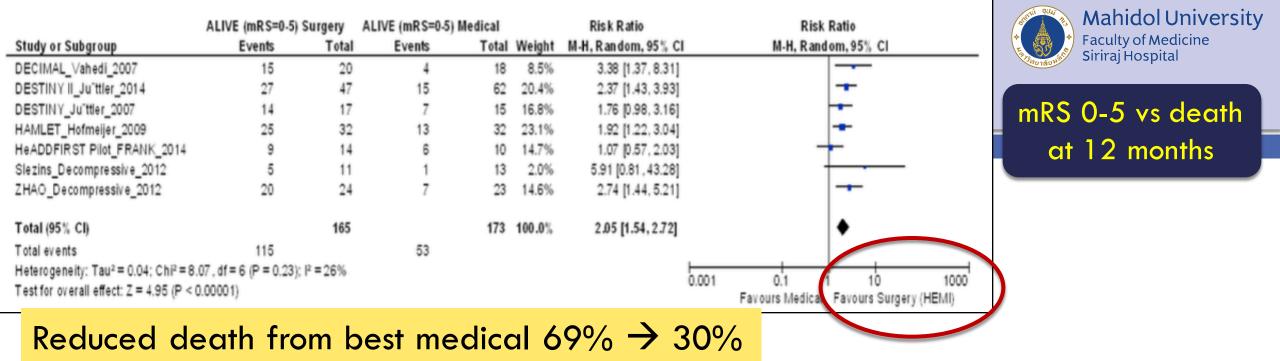
Cytotoxic edema normally peaks 3 to 4 days after injury Early reperfusion of large necrotic volume accellerate edema → "Malignant edema" within first 24 hr

High mortality rate upto 80%

Intensive medical management for lowering ICP

- Temporary: Mannitol, hyperventilation
- Before definitive treatment

**Decompressive surgery** for malignant edema of the cerebral hemisphere is effective and potentially **lifesaving** (Class 1; Level of Evidence B)

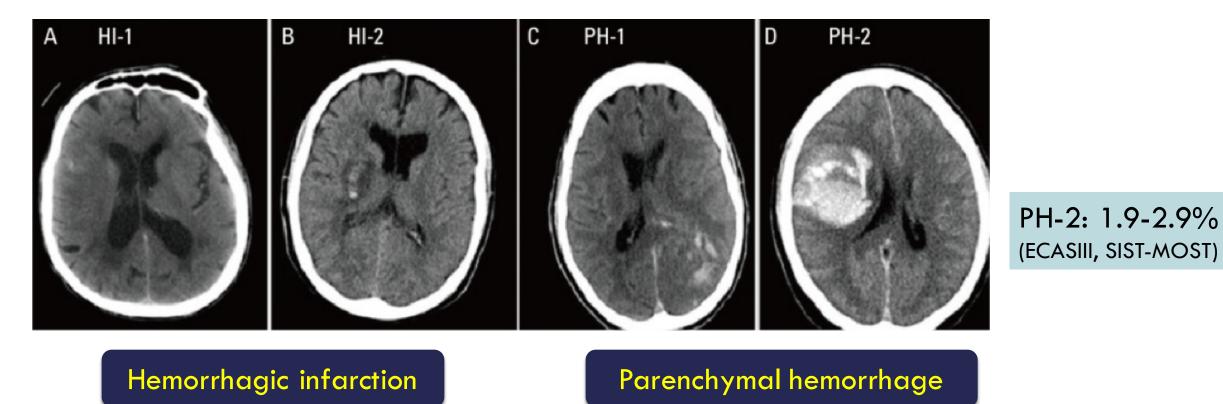


	mRS 0-3 v 4-6 HEMI sur		mRS 0-3 v 4-6 medical		Risk Ratio		Risk Ratio		
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% C	M-H, Random, 95% Cl	mRS	0-3 vs 4-6
DECIMAL_Vahedi_2007	10	20	4	18	20.8%	2.25 [0.85, 5.93]			
DESTINY_Ju <sup>*</sup> ttler_2007	8	17	4	15	20.4%	1.76 [0.66, 4.70]	+	at	12 months
DESTINY II_Ju"ttler_2014	3	47	3	62	8.1%	1.32 [0.28, 6.24]			
HAMLET_Hofmeijer_2009	8	32	8	32	27.1%	1.00 [0.43, 2.34]			
HeADDFIRST Pilot_FRANK_2014	4	14	3	10	12.3%	0.95 [0.27, 3.35]			
ZHAO_Decompressive_2012	6	24	2	23	8.7%	2.88 [0.64, 12.82]		Goo	od functional
Slezins_Decompressive_2012	5	11	0	13	2.5%	12.83 [0.79, 209.04]		-	ome 个13%
								OUTC	ome (13%)
Total (95% CI)		165		173	100.0%	1.58 [1.02, 2.46]	•		
Total events	44		24						
Heterogeneity: Tau <sup>2</sup> = 0.00; Chi <sup>2</sup> = 5.31, df = 6 (P = 0.50); l <sup>2</sup> = 0 %							0.001 0.1 1 10	1000	Alexander P, et al.
Test for overall effect: Z = 2.03 (P = 0	).04)						Favours Medical treatment Favours HEMI surge		BMJ Open 2016

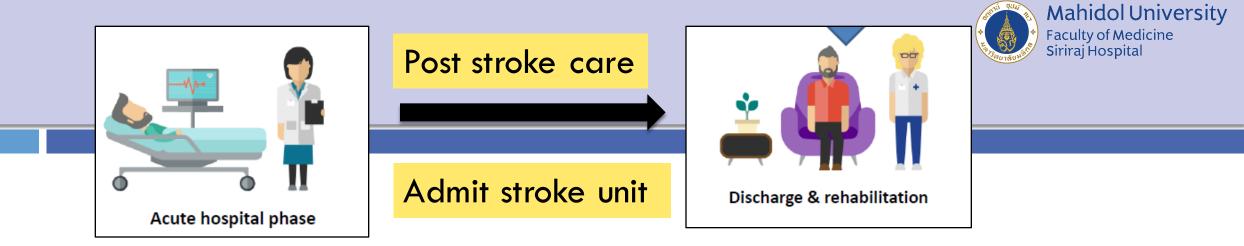


## Complications after acute ischemic stroke

#### Radiographic classification of the spectrum of hemorrhagic transformation



Criteria proposed by Fiorelli et al. (1999).



### **General management**

- Assessment of swallowing
- Maintain nutrition and hydration
- Early mobilization of less severely affected patients

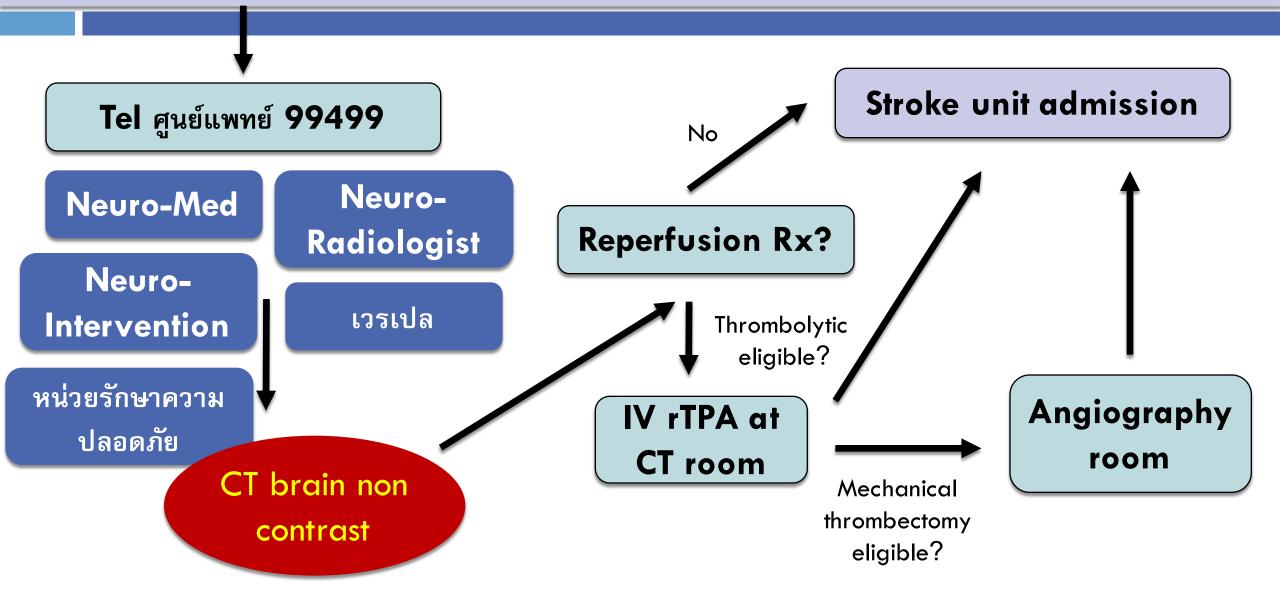
Class I; Level of Evidence B

Class I; Level of Evidence C

Individualized secondary prevention

### Suspected acute stroke Especially within 8 hr







### Mahidol University Faculty of Medicine Siriraj Hospital

Good multidisciplinary team working

"Better patient outcome and quality of life"



# THANK YOU



## Complications after acute ischemic stroke

Table 2 | Summary of hemorrhagic transformation data from major clinical trials of AIS intervention.

Clinical trial	Sample size	Duration of radiographic follow up	Asymptomatic hemorrhagic transformation rate	Symptomatic hemorrhagic transformation rate	Parenchymal hemorrhage type 2 rate	Time to treatment <sup>+</sup>
IV FIBRINOLYSIS						
NINDS	312	7–10 days	4.5% (14/312)	6.4% (20/312)	N/A	1.5 h <sup>p</sup>
ECASS-II	409	7 days	39.6% (161/407)	8.8% (36/407)	8.1% (33/407)	N/A
ATLANTIS	272	18–30 h	11.4% (31/272)	7.0% (19/272)	N/A	4.36 h <sup>p</sup>
SITS-MOST	6483	22–36 h	9.6% (617/6438)	7.3% (468/6483)	2.9% (184/6352)	2.3 h <sup>p</sup>
ECASS-III	418	36 h	27% (113/418)	2.4% (10/418)	1.9% (8/418)	3.98 h <sup>p</sup>
IST-III	1515	7 days	N/A	6.9% (104/1515)	N/A	4.2 h <sup>p</sup>